

PART ONE: READING COMPREHENSION

It's normal to feel a bit blue from time to time. However, studies show that negative emotions can harm the body. Anger can also have harmful effects on health. When you see red, your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems. However, what about positive feelings and attitudes? Until recently, scientists had not investigated whether there is a link between positive feelings and good health.

Then, in a study that had followed more than 6,000 men and women aged 25 to 74 for 20 years, researchers found that positivity reduced the risk of heart disease. Other factors influencing health included a supportive network of family and an optimistic outlook on life.

The study has been controversial. Some health professionals believe that bad lifestyle choices, such as smoking or lack of exercise, are the reason for heart disease and other illnesses, and not an individual's attitude. The researchers, while agreeing, raise the question: why are people making bad lifestyle decisions? Do more optimistic people make better and healthier lifestyle choices?

The researchers appreciate that not everyone's personal circumstances and environment make it possible to live without worry. However, they believe that if we teach children to develop positive thinking, and to **'bounce back'** after a setback, **these qualities** will improve their overall health in the future.

Question Number One:- (16 points)

- 1- Write down two possible effects of anger on someone's health? (2 points)
- 2- What are the bad lifestyle choices that are the primary cause of heart disease according to the professionals? (2 points)
- 3- What information in the text shows that there is no scientific relation between the individual attitudes and being healthy. (2 points)
- 4- What does the underlined Phrasal verb **'bounce back'** mean? (2 points)
- 5- What does the underlined pronoun **"it"** in the first paragraph refer to? (2 points)
6. What is meant by the underlined phrase **"these qualities"**? (2 points)
7. People can make their life better and happier whatever their circumstances. Think about this statement and write down two sentences showing your point of view. (2 points)
8. Suggest two ways by which we can develop positivity to children. (2 points)

B- Literature Spot (4 points)**B. Literature Spot : (4 points)**

Read the following quotation from "All the World's a Stage" by William Shakespeare, then answer the questions that follow with reference to the speech . Write the answers down in your ANSWER BOOKLET.

- 1 Then the whining schoolboy, with his satchel
- 2 And shining morning face, creeping like snail
- 3 Unwillingly to school. ...
- 4 Then a soldier,
- 5 Full of strange oaths and bearded like the pard,
- 6 Jealous in honor, sudden and quick in quarrel,

1. Compare lines 2 and 5. How do they convey the images of a boy and a soldier?
2. Write down two stages of a human's life, according to the speech?

Question Number Two :(15 points)

A. Choose the suitable item from those given in the box to complete each of the following sentences and write it down in your ANSWER BOOKLET. (8 points)

reputation , biological waste , burning , symptoms, white elephant , urban planning

1. When the theatre first opened it was widely regarded as a.....
2. Judge Ali has a..... for being strict but fair .
3. Doctors look at thebefore they decide how to treat the patient.
4. is any material that contains or has been contaminated by biohazardous agent.

B- Study the following three sentences and answer the question that follows each one. Write the answer in your ANSWER BOOKLET. (3 points)

1. Luckily, the police arrived and the thief was caught red-handed.
What does the underlined colour idiom mean ?

2. I think it's time for recess.

The previous sentence is written in American language . Rewrite it using British English language .

3. Write the following IPA as a word : /'ɔ:diəns /

C- Complete the following sentences with suitable words derived from the words in box and write the answers down in your ANSWER BOOKLET. (4 points)

medicine/ believe /diagnose/ intend

One hundred people who had survived a serious 1..... were interviewed twelve years after they had been diagnosed. The intention of the study was to discover if there was anything in common with the ways in which they had acted after their diagnosis. They had all used different treatments Such as surgery , radiotherapy, acupuncture and special diets. What they all had in common, however, was a strong 2..... that what they were doing would be successful .

Question Number Three (16 points)

A-Complete the following sentences with the correct form of the verbs between brackets, then write your answer down in your ANSWERS

BOOKLET (6 points)

Ramiz is an explorer. He has been to nearly every country in the world, but the most exciting time he 1.....(ever/have) was when he went to the Congo jungle. A magazine asked him to retrace the route of a famous explorer who had disappeared in the 1920's. As he 2.....(follow) a small river he got separated from his guides. He went on alone, hoping he would find them, but instead he encountered a group of natives. He 3..... (ask) to stay with them for several days and found out that a very old woman 4.....actually.....(meet)the famous explorer. She 5.....(know) how he had died. Ramiz became very friendly with the natives and now he 6.....(plan) to go back and see them again.

B. Rewrite the sentences with the words in brackets . write your answer down in your ANSWER BOOKLET: (10 points)

1- He has written many books, but his final book made him famous all over the world.

He has written many books, but(it was)

2- It is normal for me now to get up early to study.

.....(I am)

3- Amman is in the south of Zarqa. It is the capital of the Jordan .

Amman ,(which)

4- Rama intends to finish her project tonight. (is)

Rama

5- Rawan hasn't finished writing the contract yet .(has)

Rawanfor a time.

Question Number Four:- (4 points)

A- There is one grammatical mistake in each of the sentences below. Rewrite the sentence in the correct form . Write the answers down in your ANSWER BOOKLET. (2points)

1. Don't phone me at seven. I'll have dinner with my family.

2. Petra is in south of Jordan. It's an important archaeological site.

B .study the following mini-dialogue and then answer the question that follows . (2 point)

Sami : Many classrooms now use a whiteboard as a computer screen.

Rana :.....

Complete the previous mini -dailogue with a sentence that shows result .

Question Number Five (15 points)**A: EDITING: (4 points)**

Imagine you are an editor in the Jordan Times, you are asked to edit the following lines that have four mistakes(one grammar mistake ,one punctuation mistake and two spelling mistakes) . Find out these four mistakes and correct them. Write the correct answers down in your ANSWER BOOKLET.

Adeeb gets the idea for a special kind of prosthetic leg while he was at the beach with his family. his father, who wears an artificial leg, could not swim in the sea as he could not risk getting his leg wet. This enspired Adeeb to invent a waterproof prosthetic leg.

B: Guided writing :(4 points)

Write two sentences about Ibn Bassal using the following information.

Interests : botany , agriculture

Achievements :A Book of Agriculture

Place and date of birth : Al –Andalus , eleventh century

C. In your ANSWER BOOKLET, write a composition of about 80 words on ONE of the following:(7 points)

1- Jordan has many traditional crafts .Write a report about the importance of preserving traditional crafts and advise people to learn how to get benefits from these traditional crafts.

2. Write an essay about the Internet of things ,mentioning the advantages of using it with regard to (health , traffic and at home) . Also write about the disadvantages with regard to (security and employment).

الاجابات**Q1 . A**

1. your blood pressure is raised and you can suffer from headaches .
2. smoking or lack of exercise .
3. Until recently, scientists had not investigated whether there is a link between positive feelings and good health.
4. to start to be successful again after a long time .

5. to feel a bit blue from time to time .
6. teaching children to develop positive thinking, and to ‘bounce back’ after a setback .
7. I think people can make their life happier if they follow positive habits and they should have an optimistic outlook into life . these things make them feel relaxed and happier.
8. I suggest :
 - a. Parents behave positively in front of their children .
 - b. Parents should encourage their children to do tasks themselves even if they get some mistakes so that children get more self – confidence .

B.

1. the playwright is comparing between a child who appears innocent as he goes to school in the morning unwillingly with innocent features on his face in comparison with a soldier who appears as aggressive and violent as a leopard with a beard .
- 2.the child and the early adulthood .

Q2.A

1. White elephant 2. reputation 3. symptoms 4. biological waste

B. 1. In the act of doing something wrong. 2.I think it is time to have a break . 3. audience

C . 1. diagnosis 2. belief

Q3.A.

1. has ever had 2.was following 3. Was asked 4.had/met
5. knew 6. Is planning

B.

1. it was his final book that made him famous all over the world
2. I am now used to getting up early to study.

3. Amman which is the capital of Jordan , is in the south of Zarqa .

4.is finishing her project tonight .

5. has been writing the contract.

Q .4 .A

1. I will be having 2. the south

B. therefore , teaching will be interesting

Q5. A

1. got 2. family . His father 3. artificial 4inspired

B

Ibn Bassal who was born in Al-andalus in the eleventh century was interested in botany and agriculture . He also had a great achievement in his life which was writing " A book of agriculture ."