

0799126156

وائل النصيرات



الدورة المكثف اللغة النجليزية

1 فصل المعاني



كلية ومدارس السعادة

مدارس تقارب

مدارس الزهراء

AWA2EL
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أُمِّي الحبيبة
أشكر



الفصل الاول

Color Idioms	Meanings	المعنى	Feelings
Out of the blue	From nowhere , unexpectedly	غير متوقع	Happiness
See red	Get angry	يغضب	Anger
Red handed	The act of doing wrong	متلبس بالجريمة	Fear
White elephant	Cost money with no purpose	مكلف دون فائدة	Anger
Get the green light	Give permission	يوافق	Happiness
Feel blue	Feel sad	يحزن	Sadness

Q1 : Read the following sentences then answer the question that follows each one.

1. Students got the green light to finish early.

What does the underlined color idiom mean? _____

2. That student was caught doing cheating.

Replace the underlined words with the suitable color idiom. _____

3. Ahmad arrived early which was out of the blue.

What feeling can be understood by using the underlined color idiom? _____

4. The student bought a new expensive book which was felt blue.

Replace the underlined color idiom that is wrongly-used with the correct one. _____

5. I got the green light to leave.

The underlined color idiom has a feeling of _____

Phrasal verbs		
Bounce back	be successful again	يعاود النجاح
Cope with	Deal successfully with	يتكيف مع
Focus on	Direct attention on	يركز على
Rely on	Depend on, trust in	يعتمد
Suffer from		يعاني من
Fill in		يعبئ النموذج
Turn on		يشغل جهاز
Give out		يزود معلومات
Meet up		يتقابل
Look around		يلقي نظرة
Know about		يعرف عن
Connect with		يتواصل مع
Communicate with		
Get started		يبدأ
Get access		يدخل الى حساب

Q2. Read the following sentences then answer the question that follows each one.

6. The students have to **focus on** English subject and must begin now with classes.

What does the underlined phrasal verb mean? _____

7. The students have to learn how to **start to be successful again** after setback.

Replace the underlined words with a suitable phrasal verb. _____

8. The real man is the man who is able to **suffer from** so many hard circumstances in order to win. . .

Replace the underlined wrongly - used phrasal verb with the correct one.

Synonyms		
Apparatus	Equipment	ادوات
Appendage	Limb	طرف - عضو
Artificial	Prosthetic	صناعي
Fund	Sponsor	يمول
Cross	Angry	غاضب
Tools	Instruments	عدة
Cross	Angry	غاضب

Suffix	
Proof	Provide protection against

Q3 :Read the following sentences then answer the question that follows each one.

9. She felt cross after the exam.

Replace the underlined word (cross) with its synonym. _____

10. New talents need sometimes somebody to sponsor their ideas.

Replace the underlined word with its synonym. _____

11. Ali is wearing a waterproof watch.

What does the underlined suffix mean ? _____

Catch	Attention	يحصل على اهتمام	Take	An interest	يهتم ب
Get	An idea	يحصل على فكرة	Spend	Time	يمضي الوقت
Attend	A course	يلتحق بدورة دراسية	Raise	A question	يطرح سؤال

Collocations

Q4. Read the following sentences then answer the question that follows each one.

12. Ahmad has to spend a course in English.

Replace the underlined verb that is wrongly-used with the correct one that suits the collocation. _____

Different meanings

1	Share ideas	To give ideas to another person.	تشارك الأفكار
	Compare ideas	Where people are similar or different.	مقارنة الأفكار
2	Create a website	To construct a not exist website.	تصميم موقع
	Contribute to a website	Offer work to the website.	مساهمة بموقع
3	Research information	To use sources to find information.	بحث عن المعلومات
	Present information	To give the results of your research.	اعطاء نتائج
4	Monitor what is happening	You know what is happening and following the developments.	مراقبة ما يحدث
	Find out what is happening	You don't know what is happening and you want to discover it.	اكتشاف ما يحدث
5	Give a talk to people	You have prepared a speech to a group of people.	القاء خطاب
	Talk to people	An informal discussion.	نقاش عام
6	Show photos	Show people photos.	عرض الصور
	Send photos	Send photos to someone over the Internet.	ارسال الصور

Q5. Complete the following sentences by choosing the correct option.

13 . Sharing ideas and e-mail exchanges are useful among students in high school.

The underlined phrase means:

- A. giving ideas to another group
- B. finding similarities and differences
- C. finding information that somebody may need

14 . Students may _____ to find what they need in their studies on the website.

- A. talk

B. give a talk

C. research information

15 When you post something on your profile over the Internet, then you_____.

A. create a website

B. contribute to the website

C. share the website

Q6- Choose the best answers of those A, B or C to complete each of the following sentences.

16. When somebody uses different sources to find information we say that he _____.

A. knows what happening B. shares information C. researches information

17. Website's _____ is the process of offering work to the website.

A. creation B. contribution C. building

18. The king is going to _____ to the parliament soon.

A. talk B. give a talk C. show a talk

19. When you send your photos to somebody using internet, we say you _____.

A. show your photos B. send your photos C. present your photos

20. During the presentation, the information about the project were _____ within 5 minutes.

A. researched B. presented C. contributed

Compound nouns

Carbon -neutral	لا يؤثر بنسبة الكربون
Zero- wastes	خالية من النفايات
Artificially - created	مصنعة
Environmentally - friendly	صديق البيئة
Negative effects	نتائج سلبية
Positive effects	نتائج ايجابية
Renewable energy	الطاقة المتجددة
Wind farms	محطات الرياح لتوليد الطاقة
Car free	منطقة خالية من السيارات
Carbon footprint	تأثير الكربون
Pedestrian friendly	للمشاة آمن
Cycle-friendly	صديقة للدراجات الهوائية
Crystal glasses	كؤوس زجاجية
Solar power	الطاقة الشمسية
Public transport	المواصلات
Urban planning	تخطيط حضري
Economic growth	النمو الاقتصادي
Fountain pen	قلم حبر سائل
Windmill	طاحونة هوائية
Digging wells	حفر الابار
Workforce	القوة العاملة
Desalination system	تحلية المياه
Energy grids	خلية الطاقة

Q7. Choose the correct answer of those A, B or C to complete each of the following sentences.

21. The electricity of the city is generated by energy _____.

A. grids

B. glasses

C. footprint

22. Salt is being removed from sea water using the _____.

A. desalination system

B. crystal glasses

C. urban planning

23. When we talk about _____, this means an improvement in the average of standard living.

A. public transport

B. economic growth

C. negative effects

24. Pollution has some _____ on the environment.

A. negative effects

B. public transport

C. crystal glasses

25. We can work hard to reduce our _____ by living a more environmentally-friendly style.

A. carbon footprint

B. zero-wastes

C. economic growth

26. If we take _____ more often, there will be fewer cars on the roads, which will result in cleaner air in our cities.

A. crystal glasses

B. public transport

C. economic growth

Cooking			
Boil	يغلي السوائل	Grill	يشوي بالفرن
Slice	يقطع الخبز الى شرائح	Sprinkle	يرش ملح او بهارات
Melt	يذوب	Season	يبهر
Roast	يحمز الطعام	Fry	يقلي
Pepper	فلفل اسود	Butter	زبدة
Salt	ملح	Oven	فرن
Bread	خبز	Flour	طحين

Q8. Choose the best answers of those A, B or C to complete each of the following sentences.

27. You have grilled chicken in the _____. It's tasty.

A. butter B. oil C. oven

28. Slice the _____ and freeze it.

A. oil B. salt C. bread

29. When mixing sugar, flour, _____ and caramel, you get delicious cake.

A. butter B. oil C. pepper

30. Sprinkle some _____ on chicken to make it spicy.

A. oil B. pepper C. butter

31. When frying eggs in _____, it becomes tasty.

A. pepper B. salt C. butter

Quiz (1)

Q9. Complete the sentences with words from the box.

Attend, feel blue, compared ideas, got

32. We have _____ the permission to go ahead with our project.
33. The student _____ with his teacher's ideas.
34. It's normal to _____ from time to time.

Q10. Replace the underlined words with words from the box.

catch, take, green, red, white, give a talk, sponsor

35. They have got a **black** elephant book- it's too expensive. _____
36. The king invited his counselors so as to **talk to** them. _____

Q11. The following sentences have wrongly-underlined words. Correct them.

37. You have to **get** part in the competition. _____
38. Children have to learn how to bounce **up** after setback. _____
39. The verb "focus **in**" means to concentrate or direct attention. _____

Q12- Complete the following sentences by choosing the correct option.

40. You have to deal _____ hard circumstances.
(up, for, with).
41. The government had given the _____ light to build the airport.
(red, black, green).
42. The phrasal verb " _____ " means 'totally depend on'.
(bounce back, rely on, cope with).
43. The word _____ is the **synonym** of equipment.
(apparatus, artificial, prosthetic).
44. _____ the screen of your PC to check the progress of the download.
(fill in, turn on, give out).

45. Chatting on messenger is a way of _____ people.

(giving out, turning on, communication with)

46. Bank customers can _____ to their accounts by e-mails.

(get started, get access, wake up)

47. Negative emotions and _____ can harm the body.

(feeling blue, bouncing back, dealing with)

48. Yesterday, Ahmad _____ with his friends in the mall.

(met up, gave out, woke up).

49. The patients usually _____ some side effects for the medicine they are taking.

(look around, wake up, suffer from).

50. It's important to use Internet but you should _____ its dangers.

(settle down, give out, know about).

51. It's advisable not to _____ personal information to anybody.

(fill in, settle down, give out)

52. If you want to create a website, you have to _____ a form.

(give out, settle down, fill in).

53. You need to play a sport so as to _____ the time happily .

(spend, attend, keep)

54. Luckily, the police arrived and the thief wasn't caught _____.

(red handed, green light, feel blue).

55. Mega projects are _____ projects.

(environmentally-friendly, user-friendly, expensively-friendly)

56. I like to _____ time happy and active.

(attend, catch, spend)



Q13. Fill in the blanks with:

digging wells, solar power, negative effects, work force

57. Biological wastes have _____ on our environment.

58. Artificially-created cities are based on _____ as a source of energy.

59. Mega projects are using a large number of employees to help build its _____ with high salaries.

VISION



مهم حفظ المعنى بالعربي

Energy	طاقة	Developments	تطورات
Grateful	ممتن	Lid	شاشة
Gratefully	بشكل ممتن	Convenient	مناسب
Study	دراسة	Blog	مذكرة
Helmet	خوذة	Email exchange	تبادل الرسائل
Lawyer	محامي	Social media	وسائل التواصل الاجتماعي
Likely	من الممكن	Tablet computer	كمبيوتر لوحي
Navy	قوات بحرية	Whiteboard	اللوح الذكي
Headlines	عناوين رئيسية	Post	يلصق رسائل على الموقع
Software	برنامج	ICT	تكنولوجيا الاتصالات والمعلومات
Product	منتج	Access	الوصول الى حساب
Pocket-sized	حجم صغير	Privacy settings	اعدادات الخصوصية
Powerful	قوي	Security settings	اعدادات الحماية
Portable	محمول	Sat .nav. system	نظام تحديد المواقع
Large	كبير	Website	صفحة انترنت
Light	خفيف	Display	يعرض
Aspects	مظاهر	User	مستخدم
Domain name	اسم الموقع	Calculation	حسابات
Set of instructions	قائمة تعليمات	Mouse	فارة
Designed for	مصمم ل	Program	برنامج
Identity	هوية	Filter	برنامج للسيطرة
Later	بعد	Rely on	يعتمد على
Content	محتوى برنامج	Programme	برنامج اذاعي
Illegal action	عمل غير قانوني	World Wide Web	صفحة الانترنت
Huge	ضخم	Identity fraud	انتحال شخصية
Keyboard	لوحة مفاتيح	Personal computer	كمبيوتر شخصي
Trust	يثق	Computer chip	شريحة كمبيوتر
Function	يعمل	Web hosting	محرك بحث
Smart phone	الهاتف الذكي	Floppy disk	القرص المرن
Questions	أسئلة	Date	تاريخ
Graduate	يتخرج	Generation	جيل

Podcasts	تسجيلات	Early	باكرًا أوائل
Lectures	محاضرات	Downloaded	تحميل ملفات
History	تاريخ	Calculations	حسابات
Decade	عشر سنوات	Web-building program	مصمم مواقع

Acupuncture	الوخز بالابر	Sceptical	متشكك
Ailment	مرض مزمن	Immunization	مناعة
Viable	ناجح وقابل للتنفيذ	Malaria	مرض الملاريا
Allergy	حساسية	Option	اختيار
Arthritis	التهاب المفاصل	Controversial	مثير للجدل
Antibody	جسم مضاد	Researcher	باحث
Herbal remedy	علاج بالاعشاب	Investigate	يتحقق من
Homoeopathy	العلاج المثلي	Digestive	هضمي
Setback	عائق	Supportive network	العلاقات الداعمة
Migraine	الصداع النصفي	Popularity	انتشار
Complementary medicine	العلاج التكميلي	Health experts	خبراء الصحة
Practitioner	مزاو للمهنة	Strengthen	يقوي
Conventional	التقليدي	PE (physical exercise)	التمارين الرياضية
Alien	غريب	Population	السكان
Anxiety	صعوبة - الارق النوم	Improvement	تطور
Depression	اكتئاب	Decline	ينقص بالكمية / بالاهمية
Vaccination	لقاح	Relax	يرتاح
Antibodies	اجسام مضادة	Infant mortality	وفيات الاطفال
Teenagers	مراهقين	Chemist	كيميائي
Better and healthier	افضل و صحي اكثر	Life expectancy	توقع العمر
Lifestyle choices	خيارات حياة	Optimistic	متفائل
Health problems	مشاكل صحية	Physician / Doctor	طبيب
Get some exercise	يتلقى تمرين	Strenuous	شاق
Flu	رشح	Obese	بدين
Healthcare centers	مراكز صحية	Commitment	التزام
Produce	ينتج	Life expectancy	متوسط العمر
Healthcare	رعاية طبية	Sanitation	الصرف الصحي
Reputation	السمعة - الشهرة	Dental	متعلق بالاسنان
Priority	اولوية	Cheques	شيكات بنك
Advances	تطورات	Criticize	ينتقد و يقيم
Conditions	ظروف - شروط	Commitment	التزام
Diet	نظام غذائي	Pedestrian	مشاة

Community	مجتمع	Inspire	يلهم شخص
Planning	تخطيط	Monitor	يراقب
Remote	بعيد	Reputation	شهرة
Consistent	دائم	Risk	يجازف - يخاطر
Primary	اساسي	Seatbelt	حزام امان
Facilities	تسهيلات	Tiny	صغير الحجم
Neglect	يهمل	Self – confidence	ثقة بالنفس
Statistics	احصانات	Waterproof	ضد الماء
Rate	نسبة	Coma	غيبوبة
Scanner	ماسح ضوئي لجسم الانسان	Dementia	نسيان
Side effects	اثار جانبية	Drug	دواء
Stroke	سكتة دماكية	Implant	نسيج يزرع في الجسم
Symptoms	اعراض	Medical trial	فحوص طبية
Bionic	متعلق بالطرف الصناعي	Pills	حبوب دواء
Practical	عملي	Cancerous	مسبب للسرطان
Surgery	جراحة	Career	مهنة قابلة للتطور
MRI	رنين مغناطيسي	Expansion	توسعة
Ward	جناح بالمستشفى	Radiotherapy	علاج اشعاعي
Outpatient	العيادات الخارجية	Paediatric	متعلق طبب الاطفال
Decrease	يتناقص	Megaproject	مشروع ضخم بهدف استثماري
Increase	يتزايد	Inheritance	ميراث
Inoculation	مطعوم للمناعة	Revolutionize	يحدث ثورة
Laboratory	مختبر	Composition	تلحين
Oar	مجداف	Skates	زلجات
Arithmetic	الحساب	Court	ملعب او ساحة
Geometry	علم الهندسة	Goggles	نظارات سباحة
Algebra	الاقترانات	Camera obscura	الغرفة السوداء
Scientists	المعنى	Irrigate	يروي الارض
Polymath	متعدد الثقافات	Talent	موهبة
Scales	ميزان حساس	Founder	مؤسس
Mathematician	عالم رياضيات	Astronomer	عالم فلكي
Philosopher	فيلسوف	Minaret	منذنة
Fertile	منتجة	Pitch	ملعب
Ground – breaking	مبدع	Bat	مضرب كرة
Botany	علم النبات	Track	مسار
Legacy	ميراث شعبي	Carpets	سجاد
Rugby	كرة القدم الامريكية	Sustainability	دوام الشيء
Out-weigh	يتفوق على	Desalination	تحلية مياه البحر
Vary	يختلف عن	Rink	حلبة تزلج

Quiz (2)

Q14. Fill in the blanks with:

positive effects, social media, user-friendly, Domain name

60. Tablets as well as personal computers are easy to use. They are all _____.

61. When you swap the Internet pages, you check the _____ on the header of the page.

62. Facebook, Viper and What's app are examples of _____.

Q15. Choose the best answers of those A, B or C to complete each of the following sentences.

63. The _____ is a device that is used to store information.

A. identity

B. web hosting

C. floppy disk

64. It's more safe to activate the _____ on your smart phone.

A. security settings

B. e-mail exchange

C. ICT

Q16. Fill in the blanks with:

blogs, track downloaded, calculations

65. The new update needs to be _____ on the personal computer.

66. Some people post their _____ on their profiles over the Internet.

67. Our computers will show the results of the _____ exactly over the screen.

Q17. Fill in the blanks with:

Desalination, Sanitation, Waves, Fireproof helmet, Camera obscura

68. _____ was an invention that led to the development in the field of photography.

69. The project of the investment in the field of _____ will have improved water resources for drinking.

70. The greater cities are cycle-friendly and the _____ system composes the infra- structure of its wastes' recycling.

Q18. Fill in the blanks with:

Herbal remedy, medical trials, prosthetic hand, physical exercise

71. The results of the _____ gave the patient more self -confidence.
72. Flowers and herbs that are sweet-smelling are frequently used in the _____.
73. Dennis Sorensen was the first one to have tried the new _____ after losing his hand.

Q19. Choose the best answer to complete the following sentences.

74. _____ cells grow by a specific protein.
(arthritis, migraine, cancerous).
75. A new treatment cures cancer patients without _____.
(coma, dementia, pain).
76. Some ailments of _____ can be treated by massage.
(heart beat, eyelids, joints).
77. That man has arthritis in his _____.
(muscles, fingers, eyelids).
78. Infants need to get _____ against some viral ailments.
(treatment, inoculation, pills).
79. _____ is another word that means tablets.
(drug, pills, radiotherapy).
80. You can check the results of your test when calling the _____.
(expansion, laboratory, ward).
81. KHCC has different departments and an expansion for an _____ building.
(scanner, outpatient, ward).
82. _____ sciences are fields that deal with Humans' ailments.
(dental, bionic, ward).
83. You hit the ball using _____.
(skates, bats, oars).
84. The _____ found that 50% of Jordanians use their smartphones in chatting.
(option, research, sceptical)

85. _____ people look at life in positive ways.

(optimistic, population, sceptical)

86. Our new computers will read out the results of the _____ in few seconds. **(calculations, sponsors, seatbelts).**

87. Clouds are formations of _____ drops of water.

(tiny, huge, creative)

88. It's possible for doctors to communicate with patients in a _____.

(symptom, ailment, coma)

89. Many communities still suffer from lack of fresh water and _____ system.

(sport, artificial, sanitation)

90. A _____ is someone who studies the meaning of life.

(scientist, philosopher, chemist).

91. _____ are vehicles that are used in hotels to get people arrived to their rooms.

(seatbelts, pedestrians, driverless cars)

92. Scientists have recently developed brain _____ that improve vision.

(implants, scanners, chips)

93. If you have _____, take Panadol and sleep.

(coma, dementia, migraine)

94. _____ are an example of renewable energy,

(wind farms, sanitation system, e-mails).

95. Memories are posted by writing _____ on the World Wide Web.

(plays, novels, blogs)

96. When something is _____, this means it's viable.

(successful, alien, invented)

97. Some people believe that _____ as , flowers , helps them to be cured from common ailments, like insomnia. **(tablets, pills, herbal remedy)**

98. The need for more _____ is evident when we talk about traffic.
(urban-planning, reputation, legacy).

99. _____ is the subject that tackles numbers.
(arithmetic, botany, farming).

100. _____ the meal in the oven so it becomes hot.
(season, sprinkle, grill)

Q20. Fill in the blanks with:

Navy, Carpets, Career, Reputation, Composition

101. Ibn Bassal's _____ has widely spread out.

102. You should be a musician so you can begin studying _____.

103. Work experience is necessary to hold a high salary's _____.

والد النصيرات



0799126156

الفصل الثاني



الفصل Answers الاول

1	gave permission	2	red handed
3	happiness	4	white elephant
5	happiness	6	direct attention on
7	bounce back	8	cope with
9	angry	10	fund
11	provide protection against	12	attend/take
13	A	14	C
15	B	16	C
17	B	18	B
19	B	20	B
21	A	22	A
23	B	24	A
25	A	26	B
27	C	28	C
29	A	30	B
31	C	32	got
33	compared ideas	34	feel blue
35	white	36	give a talk
37	take	38	back
39	on	40	with
41	green	42	rely on
43	apparatus	44	turn on
45	communication with	46	get access
47	feeling blue	48	met up
49	suffer from	50	know about
51	give out	52	fill in
53	spend	54	red handed
55	environmentally-friendly	56	spend
57	negative effects	58	solar power
59	workforce	60	user-friendly
61	domain name	62	social media

63	C	64	A
65	downloaded	66	blogs
67	calculations	68	camera obscura
69	desalination	70	sanitation
71	medical trails	72	herbal remedy
73	prosthetic hand	74	cancerous
75	pain	76	joints
77	fingers	78	inoculation
79	pills	80	laboratory
81	outpatient	82	bionic
83	bats	84	research
85	optimistic	86	calculations
87	tiny	88	coma
89	sanitation	90	philosopher
91	driverless cars	92	implants
93	migraine	94	wind farms
95	blogs	96	successful
97	herbal remedy	98	urban-planning
99	arithmetic	100	grill
101	reputation	102	composition
103	career		