

- Read the following text , then answer the questions below it in your ANSWER BOOKLET , your answers should be based on the text .

اقرأ النص التالي ثم اجب عن الأسئلة التي تحته في دفتر إجابتك – اجاباتك يجب ان تكون مبنية على النص

Adnan, a professional craftsman, is at work in his studio. With the oven at 1,400 degrees Centigrade, 20 hours a day, a glass-making studio isn't the most comfortable place to be. For Adnan, however, this is more than just a job.

'My family has been blowing glass for around 700 years,' he says. 'My father learnt the craft from his father, and he taught it to me when I was a child.'

Adnan is passionate about this ancient craft, and regularly gives demonstrations and workshops to teach young people the skills of glassblowing.

He strongly believes that unless we interest more young people in learning the craft, nobody will know how to make hand-blown glass in the future. 'These days, young people don't always want to follow their parents' professions, and, added to that, glassblowing isn't an easy job. It has to be an obsession, as it is for me!'

Adnan still uses the technique that was first developed by the Phoenicians some 2,000 years ago. , he pushes a thin metal blowpipe into the boiling hot furnace. , he lifts out the liquid sand and lays it on a metal plate. After that, he blows the red-hot glass until it becomes more flexible. Then he pulls and bends the glass into shape. He has to work extremely quickly because the liquid sand is already solidifying into glass. Adnan is making a delicate swan. Through the semi-opaque glass, you can see fine lines of turquoise, green and blue. 'The sand gives us transparent, or "white", glass,' Adnan explains. 'We get this beautiful dark, cobalt blue by adding the metal cobalt to the melted glass. Then, this blue becomes a lighter, sea-green turquoise after adding copper. Finally, we decorate the glass by hand.'

'These days we recycle broken glass. We also use commercially produced colours instead of using natural ingredients as in the past. Apart from that, nothing else about this craft has changed through the centuries. You can't use a machine to do this work,' he says. 'The old ways are still the best.'

- 1- Many changes happened to the craft of glass blowing . Write down two of these changes ?
- 2- Quote the sentence which shows that the craft of glass blowing has been a tradition in Adnan's family ?
- 3- According to the text , There are many steps before creating glass , Write down two of these steps.
- 4- Adnan's work is extremely difficult , write down two evidences to prove this ?
- 5- The underlined pronoun " it " in the first paragraph refers to
- 6- Find a word which means " clear or thin enough to see through ".

- Critical thinking

1- It is said that 'Traditional crafts have no place in today's society.' Think of this statement and write your point of view

2- Adnan is passionate about this ancient craft, and regularly gives demonstrations and workshops to teach young people the skills of glassblowing . Suggest three ways to motivate young people to learn traditional crafts .

Marwan El-Masri & Jalal Abu Khadra

Literature Spot

- Read the following lines from “the old man and the sea ”, and then answer the questions that follow:

The next morning, Santiago leaves early and sails far out to sea to try his luck again. Eventually, he feels a bite on one of his hooks, and he works out that it must be a big fish, perhaps a marlin. The fish is strong, though, and does not come up to the surface. Instead, the fish swims away, dragging the old man and his boat along.

This goes on until the sun goes down, and eventually Santiago can't see the land any more at all.

As night falls, he wraps the fishing line around himself, and goes to sleep, leaving his left hand on the rope to wake him if the marlin surfaces. Soon, the old man is asleep, dreaming of the lions he used to see when he was a boy in Africa.

- 1- How did Santiago know that it was a big fish ?
- 2- Why does Santiago tie the rope around his hand when he goes to sleep ?

اجوبة القطعة

1- These days we recycle broken glass. We also use commercially produced colours instead of using natural ingredients as in the past.

2- 'My family has been blowing glass for around 700 years,' he says.

3- he pushes a thin metal blowpipe into the boiling hot furnace. , he lifts out the liquid sand and lays it on a metal plate

4- With the oven at 1,400 degrees Centigrade, 20 hours a day.

5- It =Glass blowing

6- transparent

اجوبة التفكير الناقد

- 1- - I think traditional crafts have disappeared due to many factors , first of all , the overly dependence on modern technology , also because traditional crafts don't earn enough money for people who work in these crafts .
- 2- We can motivate young people to learn crafts in many different ways , first we can make exhibitions to show the importance of crafts , we can also finance young people to start learning traditional crafts .Finally , we can build workshops for young people who want to work in these crafts.

اجوبة الادب

1- It drags the boat along for a long time, so it must be a big fish. .

2- To wake him if the marlin surfaces.

Marwan El-Masri & Jalal Abu Khadra

It's normal to feel a bit blue from time to time. However, studies show that negative emotions can harm the body. When you see red, your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems. However, what about positive feelings and attitudes? Until recently, scientists had not investigated whether there is a link between positive feelings and good health.

Then, in a study that had followed more than 6,000 men and women aged 25 to 74 for 20 years, researchers found that positivity reduced the risk of heart disease. Other factors influencing health included a supportive network of family and friends, and an optimistic outlook on life.

The research showed that children who were more able to stay focused on a task, and who had a more positive attitude to life at age seven, were usually in better health 30 years later.

The study has been controversial. Some health professionals believe that bad lifestyle choices, such as smoking or lack of exercise, are the reason for heart disease and other illnesses, and not an individual's attitude. The researchers, while agreeing, raise the question: why are people making bad lifestyle decisions? Do more optimistic people make better and healthier lifestyle choices?

The researchers appreciate that not everyone's personal circumstances and environment make it possible to live without worry. However, they believe that if we teach children to develop positive thinking, and to 'bounce back' after a setback, these qualities will improve their overall health in the future.

- 1- There are many reasons that cause heart diseases , write down of these reasons .
- 2- Quote the sentence which shows that it is sometimes natural to feel depressed .
- 3- According to your understanding to the color idioms , what does the underlined colour idiom " feel a bit blue " mean ?
- 4- The underlined pronoun "they " in the last paragraph refers to
- 5- There are many qualities that will improve children's health , write down two of these qualities .

- Critical thinking

- 1- it's said locally and internationally that happier people are healthier . Think of this statement and in two sentences write your point of view.
 - 2- There are many good life style choices , explain this suggesting three good life style choices.
-

Literature Spot

- Read the following extraction from "All the world a stage " and answer the questions that follow ?

At first, the infant,
Mewling and puking in the nurse's arms.
Then the whining schoolboy, with his satchel
And shining morning face, creeping like snail
Unwillingly to school. ...
Then a soldier,
Full of strange oaths and bearded like the pard,
Jealous in honor, sudden and quick in quarrel,
Seeking the bubble reputation
Even in the cannon's mouth.

- 1- Which simile does the playwright use to describe the schoolboy as he walks to school?
- 2- What does " seeking the bubble reputation " mean ?
- 3- Write down the name of a job mentioned in this extraction ?

اجوبة القطعة

- 1-smoking and lack of exercise
- 2-It's normal to feel a bit blue from time to time
- 3-become sad .
- 4-they = the researchers
- 5-Teach children develop positive thinking and to bounce back after a set back.

اجوبة التفكير الناقد

- 1- I think that happier people are more able to cope with stress , so they can deal easily with difficult situations.
- 2- Good life style choices can improve our health .There are many good life style choices , such as getting enough food , eating fruit and vegetables. exercising can also improve our health .

اجوبة الادب

- 1- The poet uses 'creeping like snail' meaning going very slowly
- 2- he does things that make him look good even if they are pointless
- 3- a soldier .

Marwan El-Masri & Jalal Abu Khadra

Health conditions in Jordan are among the best in the Middle East. This is largely due to the country's commitment to making healthcare for all a top priority. Advances in education, economic conditions, sanitation, clean water, diet and housing have made our community healthier.

As a result of careful planning, the number of healthcare services has been increasing rapidly over the past years. More than 800 different kinds of healthcare centres have been built, as well as 188 dental clinics. In 2012 CE, 98 per cent of Jordanian children were fully immunised, thanks to immunisation teams that had been working towards this goal for several years.

Although there were remote areas of the country where people had been without consistent access to electricity and safe water, almost 99 per cent of the country's population now has access. Although the country has been focusing mainly on improving its primary healthcare facilities, it has not neglected its advanced medical facilities. The reputation of Jordanian doctors has spread in the region, and now many more patients come to Jordan for open heart surgery. In Jordan, the open heart surgery programme started in 1970 CE in Amman.

The life expectancy figures show that Jordan's healthcare system is successful. In 1965 CE, the average Jordanian's life expectancy was age 50. In 2012 CE, this average life expectancy had risen to 73.5. According to UNICEF statistics, between 1981 CE and 1991 CE, Jordan's infant mortality rates declined more rapidly than anywhere else in the world – from 70 deaths per 1,000 births in 1981 CE to only 32 deaths per 1,000 births in 2014 CE. The low infant mortality rate, as well as the excellent healthcare system, have been contributing factors to Jordan's healthy population growth, which will result in a strong work force with economic benefits for the whole country.

- 1- The writer of the report illustrates that there are many obstacles to progress in the health conditions , mention two of them
- 2- write down the sentence which shows that most patients are internationally attracted by the excellent progressive medical facilities .
- 3- According to the report the successful , healthcare system in Jordan has led excellent results in the health field . Write down two of them .
- 4- What does the underlined pronoun "it" refer to ..?
- 5- Find a word in the report which means " people who are able to work "?

- Critical thinking

- 1- To be in a good health is really the ambition which any country is working on . Suggest three methods that can keep us become fitter and healthier .
- 2- The increase in population will affect Jordan's housing , education and health facilities . Think of this statement and in two sentences express your opinion .

Marwan El-Masri & Jalal Abu Khadra

Literature Spot

I remember, I remember
Where I was used to swing,
And thought the air must rush as fresh
To swallows on the wing
My spirit flew in feathers then ,That is so heavy now
And the summer pools could hardly cool !
The fever on my brow

Read the following lines from “I Remember, I Remember”, and then answer the questions that follow :

- 1- Give one example of personification used in the lines.
- 2- What does Thomas Hood mean by saying “That is so heavy now”?
- 3- How does the poet contrast his memories of the past with the present day?
- 4- What rhetorical device does the poet use to describe the summer pools?
- 5- Find two examples of **onomatopoeia** in the lines.
- 6- What is the name of the bird mentioned in the lines ?

اجوبة القطعة

- 1- people had been without consistent access to electricity and safe water
- 2- The reputation of Jordanian doctors has spread in the region, and now many more patients come to Jordan for open heart surgery.
- 3- a strong work force with economic benefits for the whole country.
- 4- **It = The country**
- 5- **Work force**

اجوبة التفكير الناقد

- 1- **We can keep fit and healthier by following a healthy diet , we can also be fit when we start making exercise as a daily routine . Living far away from polluted areas can make us healthier .**
- 2- **I think the increase in population will have critical side effects , it will raise the prices of properties and it will reduce the health services in medical centers , while it will lead to overcrowding in classes which will affect the educational process.**

اجوبة الادب

- 1- My spirit flew in feathers then
- 2- now he is not so happy.
- 3- The poet remembers his childhood being very happy (My spirit flew in feathers then) but now he is not so happy (That is so heavy now).
- 4- personification
- 5- Rush, fresh
- 6- swallows
- 7-

Choose the suitable item from those given in the box to complete the following sentences . There are more words than you need . write the answers down in your answer booklet.

اختر الكلمة المناسبة من بين تلك التي بالصندوق لتكمل الجمل التالية . هناك اكثر مما تحتاج من كلمات . اكتب الاجوبة في دفتر اجابتك

Out of the blue , coma , sustainability , polymath , inspire , planning

- 1- When a person's great knowledge covers many different scientific or literary areas , he is a
- 2- Creative people canyoung people to be like them .
- 3- The need for effective urbanis evident when we consider modern day problem like traffic .
- 4- The nature reserve in the west of Jordan uses recycled water , which really helps theof the natural environment .
- 5- The doctors say that Sameer has laid infor at least three weeks after the deadly accident .

Arithmetic, astronomers, gallery, calculations , disabilities , homeopathy

- 1 Most doctors used to be sceptical about the validity of , acupuncture and other forms of complementary medicine
- 2 There is a good _____ for contemporary art across the street.
- 3 A telescope enables _____ to observe the stars.
- 4 It is often impossible for people with _____ to climb stairs.
- 5 In our Maths exam, we have to write down our _____ as well as the answers.

Sustainability , apparatus, physician, mortality , prosthetic

- 1 After our Science lesson in the laboratory, we always help the teacher to put the _____ away.
- 2 The nature reserve uses recycled water, which helps the _____ of the environment.
- 3 Athletes with _____ legs can take part in the Paralympics.
- 4 Professor Badari, aged 67, is the hospital's _____ leading specialising in cancer care.

Inspire , Sceptical, polymath , alien, renewable , monitor

- 1- I don't really believe that story – I'm very _____.
- 2- If something seems very strange, we sometimes say it is _____ .
- 3- The Olympic Games often _____ young people to take up a sport.
- 4- Mr Shahin is a true _____ ,working in all kinds of creative and scientific fields
- 5- Wind farms are an example of _____ energy

Answers

- A- 1- polymath 2- inspire 3- planning 4- sustainability 5- coma
 B- 1-homeopathy 2-gallery 3-astronomers 4-disabilities 5- calculations
 C- 1- Apparatus 2- sustainability 3-prosthetic 4-physician
 D- 1-Sceptical 2-alien 3-inspire 4-polymath 5- renewable

Marwan El-Masri & Jalal Abu Khadra

- ❖ Complete the following sentences with the suitable words derived from the words in the box below . there are more words than you need . write your answers down in your Answer booklet.

اكمل الجمل التالية بكلمة مشتقة من بين الكلمات التي بالصندوق – هناك اكثر من كلمة تحتاجها و اكتب اجابتك في دفتر اجابتك

Origin , inheritance , influence

- 1- I am sure that Sara has reallyher father's gift for learning European languages.
- 2- Scholars all over the world discovered andocument from the twelfth century

-Answers : 1- inherited 2- original

- ❖ Complete the following sentences with the suitable words derived from the words in the box below . there are more words than you need . write your answers down in your Answer booklet.

اكمل الجمل التالية بكلمة مشتقة من بين الكلمات التي بالصندوق – هناك اكثر من كلمة تحتاجها و اكتب اجابتك في دفتر اجابتك

- 1- Seham is truly very excellent with numbers ands , she always scores high marks in arithmetic .(calculate)
- 2- According to some agricutlral experts , Ibn Bassal is considered theof farming all over the world. (found)
- 3- As we all know , bringing back ancient traditions has really proved to bebeneficial to our Jordanian community . (extreme)
- 4- The doctors said that the lifehad risen to 73.5 due to the success of health care in Jordan (expect)
- 5-should be maintained within the local area. (sustain)

- Answers :

- 1- calculation 2- founder 3- extremely 4- expectancy 5- sustainability

ادرس الجمل التالية ثم اجب عن الاسئلة التي تليها

1. The children who study at rosary schools can join the English club .
- What is the function of using " who study at rosary schools ?
2. I am used to getting up early to study now.
- What is the function does the underlined verb given in the above sentence ?
3. the sky is full of black clouds and it's stormy . It is going to rain heavily
- What is the function of using going to in this sentence ?
4. Nobody goes to the new private sports club. The building is a white elephant.
- What is rhetorical device does the underlined colour idiom give ?
5. I was shocked when I heard the news. It came completely unexpectedly .
- What is the colour idiom of the underlined expression ?
6. – Adeeb also invented a fire-proof helmet .
- What does the underlined suffix mean ?

- 1- Giving necessary information about the children 2- describing things that are familiar or customary
3- expressing prediction based on evidence 4- metaphor 5- out of the blue 6- provide protection against

Marwan El-Masri & Jalal Abu Khadra

☒ Correct the verbs between brackets and write the answers in your answer

booklet. صحح الفعل الذي بين اقواس و اكتب الاجابات في دفتر اجابتك

- 1- Please be quiet when you come home tonight . The baby(be , sleep).
- Ok ! I won't forget
- 2- By some intelligent students , all the classrooms in the second floor are nowin a good way . (paint)
- 3- If it(not rain) tomorrow , we will go in a short trip to Ajlun .
- 4- Salmaany money because she had lost her wallet (not have)
- 5- Sameer was very tired . He had(be , type) the reports for seven hours.
- 6- By the end of 2020 , My brother(graduate) from university
- 7- I had my computeryesterday . (repair)

Answers:

- 1- Will be sleeping 2- painted 3- doesn't rain 4- didn't have 5- been typing 6- will have graduated 7- repaired

Marwan El-Masri & Jalal Abu Khadra

☒ Complete each of the following items so that the new item has a similar meaning to the one before it , and write it down in your answer booklet. اكمل كل من الجملة التالية حتى يكون للجملة الجديدة نفس معنى التي سبقتها ثم اكتب الاجابة في دفتر اجابتك

- 1- He has written many books, but his final book made him famous all over the world.
He has written many books, but it _____.
- 2- He started studying at 5 p.m. It's 10 p.m., and he's still studying.
He _____.
- 3- Fadia intends to finish her scientific project tonight .
Fadia _____.
- 4- Ahmed committed a crime , and then he was imprisoned twenty years.
After Ahmad _____.
- 5- I am almost sure that Sara has successfully passed a tough exam .
Sara _____.
- 6- Kamal asked someone to arrange the files in order .
Kamal _____.
- 7- I think you should prepare carefully before the final exam .
If _____.
- 8- The two companies are going to negotiate an important issue next month .
An important issue _____.
- 9- Fatima Al-Fihri was born in the 7th century .
The period _____.
- 9- It's possible that Ali doesn't know about the accident .
Ali _____.
- 10- The Olympic games were held in London in 2012 CE .
The event _____.

Answers

- 1- He has written many books , but it was his final book which/that made him famous all over the world.
- 2- He has been studying since 5 p.m.
- 3- Fadia is planning/hopes to finish her scientific project tonight.
- 4- After Ahmad had committed a crime , he was imprisoned twenty years.
- 5- Sara must have successfully passed a tough exam.
- 6- Kamal had the files arranged in order .
- 7- If I were you , I would prepare carefully before the final exam.
- 8- An important issue is going to be negotiated next month (by the two companies)
- 9- Ali might not know about the accident .
- 10- the event which took place in London in 2012 was the Olympic games.

- ☒ The underlined words in the following sentences are not used correctly . Replace these words with the correct ones .]

الكلمات التي تحتها خط في الجملة التالية ليست مستخدمة بطريقة صحيحة استبدل الكلمات الخطأ بكلمات صحيحة

Ali's family has lived in two years in London , so they are used to speak English fluently before living in a south of Jordan .

Answers : used to /the

- ☒ The following sentences are in British English. Rewrite them in American English. الجمل التالية هي انجليزي بريطاني اعد كتابتهم بالامريكي

1 'Goodness, you've got very tall!' said my aunt.

2 I usually have a shower in my flat.

Answers

- 1- "Gosh , you have gotten very tall " said my aunt .
2- I usually take a shower in my apartment

Editing

- ☒ Imagine you are an editor in the Jordan times. You are asked to edit the following lines that have four mistakes . Find out these four mistakes and correct them. Write the correct answers in your ANSWER BOOKLET.

تخيل انك محرر في جريدة " جوردان تايمز " . و طلب منك ان تحرر الاسطر التالية التي بها اربعة اخطاء .
جد هذه الاخطاء و صححها ثم اكتب الاجابات الصحيحة في دفتر اجابتك

In the 1940s, technology had developed enough for inventors to make the first generation of modern computers , One such modil was so large that it needed a room that was 167 square metres to accommodate it. During that decade, scientists in England developed the first computer program. It take 25 minutes to complete one kalculation.

- Answers : One /model / took/calculation

The King Hussein Cancer Center (KHCC) is Jordan's only comprehensive cancer treatment centre. It treats both adult and paediatric patients.,As the population of the country increases, more and more families will rely on the hospital for cancer treatment. Patients come not only from Jordan but also from other countries in the region, as they were attracted by its excellent rebutation, lower costs, and cultural and language similarities.

- Answers : paediatric /As / reputation /are attracted

The Jordan National Gallery of Fine Arts is one of the most important art museums in the Middle East. The collection include over 2,000 works of art, including paintings, skulptures, photographs, installations, textiles and seramics, by more than 800 artists from 59 countries. In 2013 CE. it held Jordan's largest art exhibition t '70 Years of Contemporary Jordanian Art'.

- Answers : includes / sculptures /ceramics /,it held

'The sand give us transparent, or "white", glass,' Adnan explains. 'We get this beautiful dark, cobalt blue by adding the metal copalt to the melted glass, Then, this blue becomes a lighter, sea-green turquoise after adding copper. Finally, we decorate the glass by hand.'

- Answers : gives / cobalt /turquoise /.Then

Guided-writing

handicrafts made from plants

- textiles
- wooden toys
- wall hangings

There are many resources of handicrafts made from plants for example textiles and wooden toys . Other examples of handicrafts are wall hangings , too.

=====

- Girlada tower

- location : seville , spain
- date of construction : 1198 CE.
- Height ارتفاعه : 104 meters
- the architect of the tower : Ahmad Ben Baso

The Girlada tower which is located in Seville ,spain was built in 1198 CE. The Height of the tower is 104meters tall and the person who designed it was Ahmad Ben Baso

The Jearsh festival

Location :archeological site of Jearsh

Launch date : 1981 .

Participants : poets ,writers , artists

Purpose :reassure the close relationship between the arts and Jordan's culture history

Length of time : a three-week-long-summer programs

The Jearsh festival which is located in the archeological site of Jearsh was established in 1981. It is a three-week-long summer program where many poets , writers and artists perform in it , while it aims to reassure the close relationship between the arts and Jordan's cultural history

Marwan El-Masri & Jalal Abu Khadra

Mobile Phones - a great invention? الموبايل – اختراع عظيم

Mobile phone is a good technology which is not lacking from our lives. This report will discuss the advantages and disadvantages of using mobile phones.

Today, mobile phone has become popular to everybody since it is very convenient. The most advantage of having a mobile phone is you can communicate to your family and your friends no matter what where you are. For instance, you can contact easily to your friends by calling or sending messages everywhere without electricity. It is maybe the main reason why almost all people today choose to own a mobile phone. From the customer's point of view, it is obvious that mobile phones assist you in business a lot, such as, making schedule of working, surfing the internet, and keeping in touch with their companies. Moreover, you can relax with mobile phone's applications, for example, you can play games, listen to music, or chat with your friends.

On the other hand, there are also disadvantages. Using a lot mobile phone can harm your brain, particularly teenager and children who are under 16 years old. If you use mobile phones too much, you will get bad effects like dizziness, blood-brain barrier, or ears problems. In addition, when you use mobile phones while you are driving, you will make an accident. Moreover, "radiations emitted from the phone are deadly harmful for the eardrum", which has been proved by many scientists.

In conclusion, I think Owning a mobile phone in your hand will help you solve many issues and hold most of information around the world. Even though is not good for your health and you have to protect yourself from bad effects of mobile phones if you choose to have one.

The advantages and disadvantages of the internet فوائد و مساوئ الانترنت

Ten years ago, the Internet was practically unheard of by most people. Today, the Internet is one of the most powerful tools throughout the world. The Internet is a collection of various services and resources.

Many people fear the Internet because of its disadvantages. They claim to not use the Internet because they are afraid of the possible consequences or are simply not interested.

Another major disadvantage of the Internet is privacy. Electronic messages sent over the Internet can be easily tracked, revealing who is talking to whom and what they are talking about. As people surf the Internet, they are constantly giving information to web sites.

Despite all of the terrible disadvantages of the Internet, there are numerous advantages. In fact, the advantages weigh out the disadvantages. The most common thing the Internet is used for is research. Children and students are among the top people who use the Internet for research. Nowadays, it is almost required that students use the Internet for research.

In conclusion, today's society is in the middle of a technological boom. People can either choose to take advantage of this era, or simply let it pass them by. The Internet is a very powerful tool. It has many advantages; however, people need to be extremely aware of the disadvantages as well.

SOCIAL NETWORK IMPACT ON YOUTH وسائل التواصل الاجتماعي وتأثيرها على الشباب

Social media is a term used to describe the interaction between groups or individuals in which they produce, share, and sometimes exchange ideas over the internet and in virtual communities. The impact of social networks on young people is significant. Children are growing up surrounded by mobile devices and interactive social networking sites such as Twitter, MySpace, and Facebook, which has made the social media a vital aspect of their life.

The effects of social networking are twofold. On the positive side, social networks can act as invaluable tools for professionals. They achieve this by assisting young professionals to market their skills and seek business opportunities.

Bullies have taken to internet sites such as Twitter and Facebook, where they hide behind the anonymity provided by the internet to carry out their despicable acts. Young people also run the risk of inadvertently disclosing their personal information since on most occasions; they usually neglect to read carefully websites' privacy policies.

It is becoming increasingly clear that social networks have become part of people's lives. Many young people are using their tablet computers and smartphones to check Tweets and status updates from their friends and family. As technology advances, people are pressured to adopt different lifestyles.

advantages/Disadvantages Of Fast Food Short Essay الطعام السريع

There are many reasons that many people love to eat fast food. It is fast and easy to eat food which makes us satisfy. But, recently, We have heard that fast food is harmful food for human. . There are too many researches about disadvantage of fast food. I think that fast food has more harmful properties than benefit ones.

There are some reasons why fast food is harmful one. First of all, Fast food is fried by oil. For example, When it was fried, Chemical reactions occur. By-products of these chemical reactions make us sick or give us bad effect. Especially, Cholesterol is very harmful. r. Secondly, Raw materials of this food don't have good nutrition for body. To be specific, People know that Ingredient of fast food is innutritious . Children too much eat this food are considered obesity and lifestyle related disease.

On the other hand, There are few advantages of eating fast food. First, If we eat fast food by chance is not harmful. It is convenient to eat fast food. We live in competitive society. Time is gold. Therefore, We occasionally eat this food to save time. That is not bad. Second, It is delicious to eat fast food. People like to eat delicious food. We have the right that we can eat food we love. If we don't eat too much fast food, it is okay.

To eat fast food has advantages and disadvantages for us. But, I think that fast food has more disadvantages than advantages for these reasons.

Importance of Education اهمية التعليم

Better education is very necessary for all to go ahead in the life and get success. It develops confidence and helps building personality of a person. School education plays a great role in everyone's life.

The whole education has been divided into three divisions such as the primary education, secondary education and Higher Secondary education. All the divisions of education have their own importance and benefits. Primary education prepares the base which helps throughout the life, secondary education prepares the path for further study and higher secondary education prepares the ultimate path of the future and whole life. Our good or bad education decides that which type of person we would in the future.

In conclusion , I think life without learning is like walking in the darkness , you can't see where you go .

WHAT ARE MY FUTURE PLANS? خطتي المستقبلية

I often wonder about my future as I am about to finish secondary school. The number one question on my mind is which profession should I choose? It is very hard to make any definite choices, because I know they will affect me for the rest of my life. I want a profession that will satisfy me, challenge me, and bring me joy. I believe that a job should be like a hobby. I want to love my work, and know that I am making a difference in this world by helping other people. First of all, I want to finish secondary school. Soon I will take the first important exam of my life - the final graduation exam. I will be tested in four different subjects: the Czech and German languages, biology, and chemistry. After my graduation, I would like to study at the Medical University to become a doctor. Ever since I was a child, I have dreamt of curing people and healing diseases. It takes a long time to study medicine. It is very difficult and requires a tremendous amount of patience and hard work. I hope that I will be able to meet these challenges, and that my dream will come true. Later, I would like to work in a hospital or in private practice.

During my secondary studies, I worked on biology and chemistry projects. The experience from working on these projects has given me insight into science that far exceeds what I could have learned at school. In addition, I also developed my patience and diligence, and gained valuable experience when I gave public speeches about our research. This opportunity will be a great advantage for my future studies.

During the last few summer vacations, I worked as an assistant nurse at a hospital. I believe that real life experience with patients, medicine, doctors, and nurses is the best start for a future medical student.

I cannot really imagine having a family yet, but I am 18 years old, so I have to start thinking about it. I am personally interested in becoming a doctor, however, there are many different career opportunities. You can work in manufacturing, service, agriculture or business. Everyone has to decide which path is best for him or herself, once they finish elementary school. One option is to continue secondary school. The second option is to choose another branch of the educational system. It is very important to consider your interests when you choose your future profession. Everyone would like to be good at what they choose.

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