

A. Read the following text carefully, and then in your ANSWER BOOKLET answer all the questions that follow. Your answers should be based on the text:

It's normal to **feel sad** from time to time. However, studies show that negative emotions can harm the body. Anger can also have harmful effects on health. When you **see red**, your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems. However, what about positive feelings and attitudes? Till now scientists had not investigated whether there is a link between positive feelings and good health. On the other hand, **they** found that positivity, a supportive network of family and friends, also an optimistic outlook on life reduced the risk of heart disease and influencing health.

Some health professionals believe that bad lifestyle choices, for example smoking or lack of exercise, are the reason for heart disease and other illnesses and not, an individual's attitude. The researchers, while agreeing, raise the question: why are people making bad lifestyle decisions? Do more optimistic people make better and healthier lifestyle choices?

The researchers appreciate that not everyone's personal circumstances and environment make it possible to live without worry. However, they believe that if we teach children to develop positive thinking, and to 'bounce back' after a setback, these qualities will improve their overall health in the future.

Question Number One (20 points)

1. The writer states two qualities lead to improve children's health in the future. Write them down.
2. According to the text, there are two bad lifestyle choices lead to heart disease. Write them down.
3. Replace the underlined words **feel sad** with its suitable **colour idiom**.
4. According to the text, there are several negative effects of anger and stress on someone's health. Write down two of them.
5. Quote the sentence which shows that the scientist didn't find a link between good health and feelings.
6. The article mentions many factors lead to health lifestyle. Write down two of them.
7. Quote the sentence which shows that bad emotions can hurt the body.
8. According to the text, what is the benefit of positivity?
9. What does the underlined word "**they**" refer to?
10. According to the text, there are many factors lead to decrease the risks of heart diseases and influence health. Write down two of these factors.
11. What does the underlined colour idiom **see red** mean?
12. Some people make bad lifestyle decisions that influence on their health. Think of this statement and, in two sentences, write down your point of view.

B- Literature spot: (2 points)

I remember, I remember

The house where I was born,

The little window where the sun

Came peeping in at morn.

How does the playwright describe the movement of the sun in the morning?

Question number two :(15 points)

A. Choose the suitable item to complete each of the following sentences. (8 points)

contributed , alien , invented , ailment , takes

1. These days the idea of complementary treatments is no longer an..... concept.
2. The television was firstby John Logie Baird.
3. Prince Ali bin Al-Hussein supports, funds anda special interest in all kinds of sports.
4. Taha Hussein wrote many books. His books to enrich Arab literature.

B. Study the following sentence and answer the questions that follow. (3 points)

2. You can wear your watch when you go swimming if it's waterproof.

What does the underlined suffix mean?

C-Complete the following sentences with the suitable words derived from the words in brackets and write the answer down in your ANSWER BOOKLET. (4points)

1.is the act of detecting something new, or something "old" that had been unrecognized as meaningful.
(discover , discovery , discoverable)
2. You can use Studio Express 2012 for Windows Desktop to build powerful desktop.
(vision , visual , visualize)
3. Don't on the internet to get your information .
(reliance , rely , reliant)

Question Number Three :(17 points)

A. Complete the following sentences with the correct form of the verbs in brackets.

(6 points)

1. We had.....to open the door for five minutes when Faten found her key.(be , try)
2. Rashed is going his holiday in London . (spend)
3. Shema'a met two of her friends while she.....to school. (walk)
4. I arrived too late to the party. All my friends alreadyhome. (go)
5. Don't call me at 10 p.m, I will..... the movement of the moon. (observe)
6. Hatem early last night. (not ,sleep)

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B. Choose the suitable item from those given to complete each of the following sentences and write it down in your ANSWER BOOKLET. (5 points)

1. If the weather cold, we will stay at home.
(was , is , be)
2. Many crops are planted inJordan Valley.
(a , the , an)
3. Rashed enjoys..... shakespares' work.
(reading , to read , read)
4. Young people should knowthe dangers of the internet.
(with , out , about)
5. Maram manages.....English.
(to study , studying , study)

C. Complete each of the following items so that the new item has a similar meaning to the one before it, and writes it down in your ANSWER BOOKLET. (6 points)

1. Jameel started studying at 7 p.m. It's now 10 p. m, and he's still studying.
Jameel
2. Huda has made some mistakes during the test.
Some mistakes
3. When I was a student, I walked for miles to the school, but now I don't.
I
4. "We have to finish our project next week".
Bayan said that.....
5. The band started playing at 10. We arrived at 10.30.
Before.....
6. Perhaps Ahmed's car is broken.
Ahmed's car
7. Salma is going to write a new play for her school next summer.
Salma
8. It's not usual for Majed and Rashed now to drive on the left.
Majed and Rashed
9. Al-Razi invented the mechanical clock in the twelfth century.
The thing

Question number Four :(8 points)

A. Complete the following mini – dialogue by using an expression of giving advice.

Hatem: I didn't do well in the exam.

(2 points)

Ramzi

B. Study the following sentence and answer the question that follows.

Eating well is important for a good health. **Furthermore**, it helps to make you more active.

What is the function of using "Furthermore" in the above sentence?

C. The underlined words in the following sentence are not used correctly. Replace these words with the correct ones. (2 points)

English speakers used to **communicating** in English with the foreigners **which** don't speak English.

D. The following paragraph is written in– American –English; rewrite them in British- English.

Didn't you see my new catalog yet?

(4 points)

.....

Ali has a sister who lives in a center of Amman.

.....

Question Number FIVE (15 points)

A.Edit the following; there are one grammar mistakes, two spelling mistakes and one punctuation mistake. (4 points)

Health experts recommend a mixture of activities. These should **includes modarate** exercises, such as fast walking, running and sit-ups, The more muscle we build, the more **Kalories** we burn, and the fitter we become.

Guided writing: (4 points)

B. Read the information in the table below then, in your ANSWER BOOKLET, write two sentences about The Giralda Tower. Use appropriate liking words.

Location: Seville, Spain

Date of construction: 1184 CE.

Tall: 104 meters

Design: Jabir ibn Aflah

C. FREE WRITING: (7 points)

In your ANSWER BOOKLET, write a composition of about 80 words on ONE of the following:

- 1. Write two paragraphs about an arts or cultural event that you have been to or have read about. Mentioning what was good about it, and any criticisms that you may have.**
- 2. Write a paragraph about how you or your family uses modern technology.**