

**THE HASHEMITE KINGDOM OF JORDAN
THE MINISTRY OF EDUCATION
AMMAN GOVERNORATE EDUCATION DIRECTORATE
AL-AMANI SCIENTIFIC SECONDARY SCHOOLS
ENGLISH LANGUAGE
FIRST SEMESTER / LEVEL THREE
SECOND SECONDARY CLASS
SECOND EXAM**

NAME:

DATE : / /2018

Read the following text carefully, and then answer all the questions that follow. Your answers should be based on the text.

It's normal to feel a bit blue from time to time. However, studies show that negative emotions can harm the body. Anger can also have harmful effects on health. When you see red , your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems. However, what about positive feelings and attitudes? Until recently, scientists had not investigated whether there is a link between positive feelings and good health.

Then, in a study that had followed more than 6,000 men and women aged 25 to 74 for 20 years, researchers found that positivity reduced the risk of heart disease. Other factors influencing health included a supportive network of family and friends, and an optimistic outlook on life.

The research showed that children who were more able to stay focused on a task, and who had a more positive attitude to life at age seven, were usually in better health 30years later.

The study has been controversial. Some health professionals believe that bad lifestyle choices, are the reason for heart disease and other illnesses, and not an individual's attitude. The researchers, while agreeing, raise the question: why are people making bad lifestyle decisions? Do more optimistic people make better and healthier lifestyle choices

The researchers appreciate that not everyone's personal circumstances and environment make it possible to live without worry. However, they believe that if we teach children to develop positive thinking, and bounce back after a setback, these qualities will improve their overall health in the future.

QUESTION NUMBER ONE: (20 points)

1. There are two possible effects of anger on someone's health. Write down these two effects. (4 points)

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2. Find a word in the text which means "believing that good things will happen in the future". (2 points)

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3. The research showed that people who obtained some qualities in their childhood lifestyle , were usually in a better health later . Write down two of these qualities . (4 points)

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4. Write down the sentence which indicates the controversial point about the researchers' study. (3 points)

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5. What does the underlined word " their " refer to ? (2 points)

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6. The writer thinks that happiness influences health . Suggesting three benefits of happiness on health. (3 points)

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7. People sometimes make bad lifestyle choices . Think of this statement, and in two sentences write your point of view. (2 points)

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QUESTION NUMBER TWO: (16 points)

A: Choose the suitable item from those given to complete each of the following sentences (10 points)

reputation, antibodies, sceptical , alien , arthritis , blog

- 1. Homoeopathy cannot produce needed to protect against childhood diseases .
- 2. I don't really believe that story – I am very
- 3. My grandfather has in his fingers , so he sometimes find it difficult to write .
- 4. The of Jordanian doctors has spread in the region.
- 5. I came across a post the other day. It was discussing the importance of traditional crafts in our modern-day society.

B: Study each of the following sentences and answer the question that follows each one. (6 points)

1. I was shocked when I heard the news. It came completely red handed .

- Replace the underlined colour idiom with the correct one.

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2.Exercise is a great way to deal successfully with stress.

- Replace the underlined phrase with the correct phrasal verb .

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3. Seeing red has negative effects on your health .

- What feeling does the underlined colour idiom express?

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QUESTION NUMBER THREE:

(20 points)

A. Correct the verbs between brackets .

(10 points)

- 1. Ranavery hard for several weeks before she did her final exams .
(**be , study**)
- 2. We needed warm clothes when we went to London . Weused to the cold weather.
(**not , be**)
- 3. In the past , most letters by hand
(**write**)
- 4. Our school hopesenough money to build a new library .
(**raise**)
- 5. Inever French before .
(**teach**)

B. Rewrite each of the following sentences so that the new item has a similar meaning to the one before it .

(10 points)

- 1. It was familiar for my father to go shopping in the local super market , but it closed two years ago, so now he has to drive into town to shop.
My father
- 2. It isn't normal for British people to do much exercise . This might not sound very much
British people
- 3. It is necessary for the students to draw up a revision timetable .
The students
- 4. 'We have saved enough money to build our new house .'
My friend said that
- 5. My father speaks two languages fluently.
Two languages

QUESTION NUMBER FOUR :

(9 points)

A. EDITING:

(4 points)

Imagine you are an editor in the Jordan Times. You are asked to edit the following lines that have two spelling mistakes , one grammar mistake and one punctuation mistake . Find out these four mistakes and correct them .

The low infant mortality rates , as well as the excellent healthkare system , has been contributing factors to Jordans' healthy population growth.

- 1. 2.
- 3. 4.

B . GUIDED WRITING : (5 points)

Read the information in the table below, and then write two sentences about the benefits of learning a foreign language . Use the appropriate linking words such as: and, too, also --- etc.

Benefits of learning a foreign language
<ul style="list-style-type: none">- improve the functionality of the brain- present the brain with unique challenges- be able to switch easily between completely different tasks.- improve your ability to use your mother tongue more effectively.

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