

A. Read the following text carefully, and then in your ANSWER BOOKLET answer all the questions that follow. Your answers should be based on the text:

It's normal to **feel sad** from time to time. However, studies show that negative emotions can harm the body. Anger can also have harmful effects on health. When you **see red**, your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems. However, what about positive feelings and attitudes? Till now scientists had not investigated whether there is a link between positive feelings and good health. On the other hand, **they** found that positivity, a supportive network of family and friends, also an optimistic outlook on life reduced the risk of heart disease and influencing health.

Some health professionals believe that bad lifestyle choices, for example smoking or lack of exercise, are the reason for heart disease and other illnesses and not, an individual's attitude. The researchers, while agreeing, raise the question: why are people making bad lifestyle decisions? Do more optimistic people make better and healthier lifestyle choices?

The researchers appreciate that not everyone's personal circumstances and environment make it possible to live without worry. However, they believe that if we teach children to develop positive thinking, and to 'bounce back' after a setback, these qualities will improve their overall health in the future.

Question Number One:

1. The writer states two qualities lead to improve children's health in the future. Write them down.
2. According to the text, there are two bad lifestyle choices lead to heart diseases. Write them down.
3. Replace the underlined words with its suitable **colour idiom**.
4. According to the text, there are some negative effects of anger and stress on someone's health. Write down two of them.
5. Quote the sentence which shows that scientists didn't find a link between good health and feelings.
6. Quote the sentence which shows that bad emotions can hurt the body.
7. What does the underlined word "**they**" refer to?
8. According to the text, there are many factors lead to decrease the risks of heart diseases and influence health. Write down two of these factors.
9. What does the underlined colour idiom **see red** mean?
10. Quote the sentence which shows the benefit of positivity.
11. Some people make bad lifestyle choices that influence on their health. Think of this statement and, in two sentences, write down your point of view.
12. It is said that making exercises lead to improve someone's health. Suggest three positive effects of making exercises.

SEE PAGE TWO

B- Literature spot:

Read the following lines from “A Green Cornfield”, and then answer the questions that follow:

The earth was green, the sky was blue:

I saw and heard one sunny morn

A skylark hangs between the two,

A singing speck above the corn.

1. Find a word that has the same meaning of “small”.

2. Where was the skylark?

Question number two :

A. Choose the suitable item to complete each of the following sentences.

alien , invented , ailment , timetable , fluent

1. The way you are revising may let you down. A revisionhelps you avoid all of this.
2. It is much better to be slow and correct than to be..... and make a lot of mistakes.
3. These days the idea of complementary treatments is no longer an..... concept.
4. The television was firstby John Logie Baird.

B. Study the following sentence and answer the questions that follow:

I don't know what I have to do with my final exams; I will just play it by ear.

What does the underlined body idiom mean?

C. Complete the following sentences with the suitable words derived from the words in brackets and write the answer down in your ANSWER BOOKLET.

1.is the act of detecting something new, or something "old" that had been unrecognized as meaningful.
(discover , discoverable , discovery)
2. You can use Studio Express 2012 for Windows Desktop to build powerful desktop.
(vision , visual , visually)
3. Don't on the internet to get your information .
(reliance , rely , reliant)
4. The newworks by blocking a protein which causes cancerous cells to grow.
(treat , treated , treatment)

Question Number Three :

A. Choose the suitable item from those given to complete each of the following sentences and write it down in your ANSWER BOOKLET.

1. Internet is means of communication in the world.
(the faster , the most fastest , the fastest , as fast as)
2. Young people should knowthe dangers of the internet.
(with , out , at , about)
3. In the past my grandfather. , but now he doesn't.
(is used to travelling , are used to travelling , use to travel , used to travel)
4. I still remembered the time I took care of my brother.
(who , which , when , where)

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Question number Four :

A. Choose the correct form of the verbs from those given to complete each of the following sentences and write it down in your ANSWER BOOKLET.

1. We had.....to open the door for five minutes when Faten found her key.
(be trying , been tried , been trying , trying)
2. Shema'a met two of her friends while she.....to school.
(were walking , was walking , is walking , have been walking)
3. Lubna usually goes to read her favourite books if she.....free time.
(has , have , had , have had)
4. Many books have just.....by scientists.
(been written , been writing , written , written)
5. Do you mind..... me with my homework.
(helping , to help , help , helps)
6. Don't come tonight, I will..... the movement of the moon.
(observes , observed , be observing , observing)
7. Maram manages at the German Jordanian university .
(to study , studying , study , studied)
8. Before the police arrived, the three thieves away.
(had run , run , ran , runs)
9. Ali said that he his essay.
(had finished , finish , have finished , finishes)
10. We are late. If only we the earlier bus.
(catch , hadn't caught , had caught , have caught)

B. Complete each of the following items so that the new item has a similar meaning to the one before it, and writes it down in your ANSWER BOOKLET.

1. It's not normal for Majed to drive on the left.
Majed
2. Scientists believe that learning language improves your decision-making skills.
It
3. How did you come to the party?
Can you tell me
4. Vocational schools aren't as popular as academic schools.
Academic schools
5. Al-Razi invented the mechanical clock in the twelfth century.
The thing
6. I regret studying for a short time.
If only
7. "Ahmed will buy a new car".
Ahmed said that

C. Complete the following mini – dialogue by using an expression of giving advice.

Hatem: I think you should prepare well for the exam.

Ramzi: Why

D. Study the following sentence and answer the question that follows.

Eating well is important for a good health. Furthermore, it helps to make you more active.

What is the function of using “Furthermore” in the above sentence?

Question Number FIVE:

A. Edit the following; there are one grammar mistakes, two spelling mistakes and one punctuation mistake.

Finding work in a crowded job market can be challenging sometimes, especially for graduates who don't has any work experience. Many employers are looking for people with a proven track record in a particular area of work. However , you need to have a job in order to get experience. Doing an enternship is a good way to get around this problem.

Guided writing:

B. Read the information in the table below then, in your ANSWER BOOKLET, write two sentences about why people use internet websites. Use appropriate liking words.

Why do people use internet websites?
<ul style="list-style-type: none">• search information.• buy things.• book holidays.• access bank account

C. FREE WRITING:

In your ANSWER BOOKLET, write a composition of about 80 words on ONE of the following:

1. Education has become an important sector that has a positive impact on development of our country .Write a three-paragraph report about the benefit of education on the Jordanian people; and what the ministry of education can do to develop this section.
2. Write an essay about how you or your family uses modern technology.

Question Number One:

1. teach children to develop positive thinking, and to 'bounce back' after a setback,
2. smoking or lack of exercise,
3. feel a bit blue
4. your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems.
5. Till now scientists had not investigated whether there is a link between positive feelings and good health.
6. However, studies show that negative emotions can harm the body.
7. scientists
8. positivity, a supportive network of family and friends, also an optimistic outlook on life
9. anger
10. On the other hand, **they** found that positivity, a supportive network of family and friends, also an optimistic outlook on life reduced the risk of heart disease and influencing health.
11. 12. Any relevant answers

B- Literature spot:

1. speck
2. above the corn. / hangs between the two,

Question number two :

- A. ١. timetable ٢. fluent 3. alien 4. invented
B. do something without planning.
C. 1. discovery 2. visual 3. rely 4. treatment

Question Number Three :

- A. 1. the fastest 2. about 3. used to travel 4. when

Question number Four :

- A. 1. been trying 2. was walking 3. has 4. been written 5. helping
6. be observing 7. to study 8. had run 9. had finished 10. had caught

B.

1. **Majed** isn't used to driving on the left.
2. **It** is believed that learning language improves your decision-making skills.
3. **Can you tell me** you came to the party?
4. **Academic schools** are more popular than vocational schools.
5. **The thing** which /that Al-Razi invented in the twelfth century was the mechanical clock.
6. **If only** I hadn't studied for a short time.
7. **Ahmed said that** he would buy a new car.

C. **Ranzi** why don't you prepare well for the exam?

D. addition

Question Number FIVE :

- A. 1. challenging 2. don't have 3. However , you 4. internship
B // C// open answer