

A. Read the following text carefully, and then in your ANSWER BOOKLET answer all the questions that follow. Your answers should be based on the text:

It's normal to **feel sad** from time to time. However, studies show that negative emotions can harm the body. Anger can also have harmful effects on health. When you **see red**, your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems. However, what about positive feelings and attitudes? Till now scientists had not investigated whether there is a link between positive feelings and good health. On the other hand, **they** found that positivity, a supportive network of family and friends, also an optimistic outlook on life reduced the risk of heart disease and influencing health.

Some health professionals believe that bad lifestyle choices, for example smoking or lack of exercise, are the reason for heart disease and other illnesses and not, an individual's attitude. The researchers, while agreeing, raise the question: why are people making bad lifestyle decisions? Do more optimistic people make better and healthier lifestyle choices?

The researchers appreciate that not everyone's personal circumstances and environment make it possible to live without worry. However, they believe that if we teach children to develop positive thinking, and to 'bounce back' after a setback, these qualities will improve their overall health in the future.

Question Number One (20 points)

1. There are two qualities that lead to improve children's health in the future. Write them down.
2. The writer states two bad lifestyle choices lead to heart disease. Write down these two choices.
3. Replace the underlined words "**feel sad**" with its suitable idiom.
4. There are several negative effects of anger and stress on someone's health. Write down three of them.
5. Quote the sentence which shows that the scientist didn't find a link between good health and feelings.
6. The article mentions many factors lead to health lifestyle. Write down two of them.
7. Quote the sentence which shows that bad emotions can hurt the body.
8. What is the benefit of positivity?
9. What does the underlined word "**they**" refer to?
10. Many factors lead to decrease the risks of heart diseases and influence health. Write down two of these factors.
11. What does the underlined colour idiom "**see red**" mean?
12. Some people make bad lifestyle decisions that influence on their health. Think of this statement and, in two sentences, write down your point of view.
13. It is said that making exercises lead to improve someone's health. Suggest three positive effects of making exercises.

Question Number Two :(20 points)

A. Choose the suitable item from those given in the box to complete each of the following sentences. There are more words than you need. Write the answer down in your ANSWER BOOKLET. (10 points)

contributed , alien , invented , ailment , takes

1. These days the idea of complementary treatments is no longer an..... concept.
2. The television was firstby John Logie Baird.
3. Prince Ali bin Al-Hussein supports, funds anda special interest in all kinds of sports.
4. Haider Mahmoud wrote many poems. His poems to enrich Jordanian literature.

B. Replace the underlined misused colour idiom in the sentence below with the correct one. Write the answers down in your ANSWER BOOKLET. (2 points)

Nobody goes to the new private sports club. The building is a **red handed**.

C. Choose the suitable item from those given below to complete each of the following sentences and write it down in your ANSWER BOOKLET. (8 points)

1. Patients should take their on time in order to get rid of the inflammation.
(**medically , medicine , medical**)
2. There isn't as much..... information on the website as in the book.
(**educate , education , educational**)
3. In our exam, we had toa text from Arabic into English.
(**translation , translate , translated**)
4. Markets have different kinds of food which are prepared from animal product.
(**attract , attractive , attraction , attractively**)

Question Number Three :(20 points)

A. Choose the suitable item from those given to complete each of the following sentences and write it down in your ANSWER BOOKLET. (12 points)

1. If the weather cold, we will stay at home.
(was , were , is , had been)
2. A lot of cropsevery year by the farmers in Jordan Valley.
(are planted , was planted , planted , is planted)
3. Rashed enjoys..... shakespares' works.
(read , to read , reading , reads)
4. Before we arrived at 6.a.m, the band to play at 6.30 a.m.
(had started , has started , have started , started)
5. By the end of this season, we a new air condition in our flat.
(am going to install , will install , will be installing , will have installed)
6. The criminals under the police observation for many weeks.
(has been , have been , was , is)

B. Complete each of the following items so that the new item has a similar meaning to the one before it, and writes it down in your ANSWER BOOKLET. (8 points)

1. Al-Razi invented the mechanical clock in the twelfth century.

The thing

2. Huda has made some mistakes during the test.

Some mistakes

3. "We have to finish our project next week".

Bayan said that.....

4. It's not normal for Majed and Rashed now to drive on the left.

Majed and Rashed

Question Number Four: (20 points)

A. Choose the suitable item from those given in the box to complete each of the following sentences and write it down in your ANSWER BOOKLET. (12 points)

1. Nader for the school, but now he does .
(use to walk , didn't use to walk , is used to walking , used to walking)
2. Young people should knowthe dangers of the internet.
(with , out , about , in)
3. Marah manages.....English at Yarmouk University.
(to study , studying , study , studied)
4. Faris has been working in this company he was young.
(from , since , for , at)
5. Hanadi has got the top mark in the exam, I am sure that she is clever. Hanadi clever.
(must be , can't be , must have been , might be)
6. A mathematician is someone works with numbers.
(where , who , which , whose)

B. Complete the following mini – dialogue by using an expression of giving advice.
(4 points)

Hatem: I didn't do well in the exam.

Ramzi

C. Study the following sentence and answer the question that follows. (4 points)

Eating well is important for a good health. **Furthermore**, it helps to make you more active.

What is the function of using "Furthermore" in the above sentence?

Question Number FIVE (20 points)

A. Imagine you are an editor in the Jordan Times. You are asked to edit the following lines that have four underlined mistakes. Correct the mistakes and write the answers down in your ANSWER BOOKLET.
(4 points)

Health experts recommend a mixture of activities. These should **includes** moderate exercise , such as fast walking, running and **set**-ups .The more muscle we build, the more **Kalories** we burn and the fitter we become.

Guided Writing: (6 points)

B. Read the information in the table below then, in your ANSWER BOOKLET, write two sentences about The Giralda Tower. Use appropriate liking words.

Location: Seville, Spain.

Date of construction: 1184 CE.

Tall: 104 meters

Design: Jabir ibn Aflah

B. FREE WRITING: (10 points)

In your ANSWER BOOKLET, write a composition of about 80 words on ONE of the following:

1. Write two paragraphs about an arts or cultural event that you have been to or have read about. Mentioning what was good about it, and any criticisms that you may have.
2. Write a paragraph about how you or your family uses modern technology.

The end

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Question Number One (20 points)

1. a. teach children to develop positive thinking, b. and to 'bounce back' after a setback.
2. a. smoking b. lack of exercise
3. feel a bit blue
4. a. your blood pressure is raised b. suffer from headaches, c. sleep problems d. digestive problems.
5. Till now scientists had not investigated whether there is a link between positive feelings and good health.
6. a. positivity b. a supportive network of family and friends c. an optimistic outlook on life reduced the risk of heart
7. However, studies show that negative emotions can harm the body.
8. reduced the risk of heart disease and influencing health.
9. scientists
10. . a. positivity b. a supportive network of family and friends c. an optimistic outlook on life reduced the risk of heart
11. anger
12. free answer 13. Any three suggestions

Question Number Two :(20 points)

- A. 1. alien 2. invented 3. takes 4. contributed
B. white elephant
C. 1. medicine 2. educational 3. translate 4. attractively

Question Number Three :(20 points)

- A.
1. is 2. are planted 3. reading 4. had started 5. will have installed 6. have been
B.

1. **The thing** that / which Al-Razi invented in the twelfth century **was** the mechanical clock.
2. **Some mistakes** have been made during the test by Huda // or by Huda during the test.
3. **Bayan said that** they had to finish their project the following / the coming week.
4. **Majed and Rashed** are **not** used to driving on the left.

Question Number Four (20 points)

- A. 1. didn't use to walk 2. about 3. to study 4. since 5. must be 6. who
B. **Ramzi** If I were you, I would study hard. // or You should do well in the exam.
Or I recommend you to study more.
C. Addition.

Question Number FIVE (20 points)

- A. 1. include 2. sit 3. Exercise, such 4. calories
من الضروري ان يكتب الطالب جملتين منفصلتين تامتين المعنى حتى يحصل على العلامة الكاملة .
B. The Giralda Tower is in Seville , Spain and it is 104 meters tall .

The person who designed The Giralda Tower in 1184 CE was Jabir ibn Aflah.

FREE WRITING: Free answer