

المنهاج الأكاديمي

The
Joy
Of

7

English

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 Like

 Here

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How to revise for exams

أن أبدأ بالمراجعة إذا كنت متأخرا هل تعرف

A. Do you know if it's too late to start revising now?

جدول مراجعة هو وضع سأقوم به أول شيء أن تبدأ بالمراجعة إنها ليست متأخرة لا

No, it's never too late to start revising! The first thing I would do is to draw up a revision timetable.

جدول دراسي كيف أضع إخباري هل تمنع

B. Do you mind telling me how I should draw up a timetable?

على كل واحدة ستقوم بالعمل متى واحسب التي عليك القيام بها للمواد انظر

Look at all the subjects you have to do, and work out when you are going to work on each

حاول لكل يوم في برنامجك المواد ترتيب أن تغير انها فكرة جيدة

one. It's a good idea to change the order of the subjects in your timetable for each day. Try

بهذه الطريقة وهكذا ثم الاحياء ببعض الرياضيات تتبعها بالقليل من الانجليزي القيام

doing a little English, followed by some Maths, then Biology, and so on. This way, by

منتعش تبقي عقلك على مراجعتك التركيز بتغييرك

changing the focus of your revision, you keep your mind fresh.

متأخرا بالليل أو ان تراجع أن تستيقظ مبكرا من الافضل هل تعرف اذا

C. Do you know whether it's best to get up early, or to revise late at night?

عندها لأنه مراجعتك ستكون أكثر فائدة صباحا بالبدء كلما أبكرت

The earlier you start in the morning, the more beneficial your revision will be, because that's

بالدراسة أوصي وأنا أيضا في افضل حالاتها وذاكرتك أكثر يقظة تشعر أنك

when you feel most awake and your memory is at its best. I'd also recommend studying for

يبدأ أن التركيز لقد أثبت استراحة ثم أخذ فترة 30 دقيقة

30-minute periods, and then taking a break. It's been proved that concentration starts to

على أن يتعافى الدماغ ستساعد لذلك استراحات متتالية بعد نصف ساعة بالتناقص

decrease after half an hour, so frequent breaks will help the brain to recover and

على التجدد والتركيز

concentration to return.

بالاستراحات المتتابة ماذا تقصد هل تستطيع توضيح

D. Could you explain what you mean by frequent breaks?

بسيط مثل شيئاً ممكن أن يكون من الدراسة أي تغيير بالأنشطة أقصد بالاستراحة

By a break, I mean any change of activity from studying. It could be something as simple as

ل 10 دقائق أو التمشي لبعض الموسيقى و الاستماع من كرسيك النهوض

just getting up from your desk and listening to some music, or walking around for ten minutes.

كم احتاج من التمارين هل تستطيع اخباري

E. Could you tell me how much exercise I need?

التمرين عند دراستك خاصة بالطبع مهم جدا النشاط الجسدي

Physical activity is very important, of course, especially when you are studying. Exercise will

معدل نبضات قلبك ستزيد من النشاط الجسدي للطريقة التي تشعر بها بتغيير كبير سيقوم

make a huge difference to the way you feel. The physical activity will increase your heart rate

للدماغ المزيد من الاكسجين يرسل أيضا دورتك الدموية وذاك سيزيد و بالمقابل

and, in turn, that will increase your blood circulation. It also sends more oxygen to the brain,

أكثر فعالية مراجعتك والذي يجعل

which makes you revise more efficiently!

عن الطعام اعطائي بعض النصائح هل تمنع

F. Do you mind giving me some advice about diet?

قدر المستطاع وخضراوات فواكه طازجة تناول يجب أن تحاول مهمة جدا التغذية

Nutrition is very important. You should try to eat as much fresh fruit and vegetables as you

الكثير من المياه لذلك اشرب عندك جفاف أن لا يصبح من الضروري

can. It's essential not to become dehydrated, so drink lots of water.

Questions:

1. How could you avoid being late in revising?

The first thing I would do is to draw up a revision timetable.

2. How could you keep your mind fresh?

By changing the focus of your revision, you keep your mind fresh.

3. When is the best time to start a revision? Why?

The earlier you start in the morning, the more beneficial your revision will be, because that's when you feel most awake and your memory is at its best

4. What are the benefits of frequent breaks?

frequent breaks will help the brain to recover and concentration to return.

5. What do frequent breaks mean? Give an example.

mean any change of activity from studying. It could be something as simple as just getting up from your desk and listening to some music, or walking around for ten minutes.

6. Physical activity has many benefits. Write down two.

increase your heart rate and, in turn, that will increase your blood circulation. It also sends more oxygen to the brain.

7. Nutrition is very important to have a good revision. Explain.

Nutrition is very important. You should try to eat as much fresh fruit and vegetables as you can. It's essential not to become dehydrated, so drink lots of water.

Learning a foreign language

في عدة لدماعك الأداء الوظيفي تحسن أنه يدعى لغة أجنبية تكلم

Speaking a foreign language, it is claimed, improves the functionality of your brain in several

بتمرين مفيد الدماغ يزود وقواعد مصطلحات جديدة تعلم طرق مختلفة

different ways. Learning new vocabulary and grammar rules provides the brain with beneficial

أن تعلم من المعتقد الدماغ تمرين ايضا الذاكرة تحسن

‘exercise’, which improves memory. As well as exercising the brain, it is thought that learning a

تميز وهذا يتضمن تحديات فريدة للدماغ يقدم ايضا لغة جديدة

new language also presents the brain with unique challenges. These include recognizing different

تحسن هذه المهارات هذه الانظمة باستخدام للتواصل وطرق عدة أنظمة لغوية مختلفة

language systems and ways to communicate within these systems. These skills improve your

لغة اجنبية الذين يدرسون أن الطلاب يقال ايضا بمهام حل المشاكل بالنجاح فرصك

chances of success in other problem-solving tasks as well. It is said that students who study foreign

من الطلاب والمصطلحات والقراءة في الرياضيات في الامتحانات بالمجمل يقدمون أفضل

languages do better, on the whole, in general tests in maths, reading and vocabulary than students

في جامعة بنسلفينيا أجريت على دراسة اعتمادا لغتهم الأم أتقنوا الذين

who have only mastered their mother tongue. According to a study carried out by Pennsylvania

نظامين من الكلام بين التنقل يستطيعون متعددي اللغات في امريكا

State University, USA, multilingual people are able to switch between two systems of speech,

يستطيعون التنقل بسهولة انهم ايضا أثبتت بسهولة والقواعد الكتابة

writing, and structure quite easily. It has been proved that they are also able to switch easily

برنامج محاكاة للقيادة لتشغيل مشاركين احتاجت احدى التجارب مهام مختلفة بناتا بين

between completely different tasks. One experiment required participants to operate a driving

أظهرت أن التجربة بنفس الوقت مهام مختلفة يجرون بينما

simulator while carrying out separate tasks at the same time. The experiment showed that

بأخطاء بالقيادة أقل قاموا ولذلك من المهام الأخرى أقل تشتتاً كانوا متعددي اللغات

multilingual participants were less distracted by the other tasks and therefore made fewer driving errors .

عندما تتكلم مهارتك باتخاذ القرار يحسن ايضا أن دراسة اللغات انه يعتقد

It is believed that language learning can also improve your decision-making skills. When you speak

كلمة في معنى الفروق الدقيقة تزن فأنت باستمرار لغة أجنبية

a foreign language, you are constantly weighing up subtle differences in meaning of a word or the

لمواقف أخرى بشكل لا واعي تنتقل ثم العملية صياغة الكلام أو في كيفية

way that an utterance is made. This process is then transferred subconsciously to other situations in

لغة أجنبية تعلم أخيراً يجب اتخاذها والقرارات نحتاج الحكمة حيث

which judgement is called for, and decisions have to be made. Finally, learning a foreign language

أكثر كما يمكنك أن تصبح بشكل أكثر فعالية لغتك الأم في استخدام قدرتك تحسن ايضا

can also improve your ability to use your mother tongue more effectively. As you become more

كل يوم التي تستخدمها للغة بتطبيقها ستبدأ التي تعمل بها اللغة للطريقة وعياً

aware of the way that a language works, you begin to apply it to the language that you use every

متكلم أفضل تستطيع جعلك لذا لغة أجنبية من تعلم التي تحصل عليها المهارات

day. The skills you obtain from learning a foreign language, therefore, can make you a better

بلغتك الخاصة وكاتب

speaker and writer in your own language.

Questions:

1. Learning a new language provide the brain with several benefits. Write down two.

rules provides the brain with beneficial ‘exercise’, which improves memory. As well as exercising the brain.

2. What kind of unique challenges does learning a new language include?

include recognizing different language systems and ways to communicate within these systems

3. Learning a new language has many effects on students in particular. Write down two.

languages do better, on the whole, in general tests in maths, reading and vocabulary than students who have only mastered their mother tongue.

4. What kind of skills do multilingual people have?

switch between two systems of speech ,writing, and structure quite easily. It has been proved that they are also able to switch easily between completely different tasks

5. Quote the sentence which shows the result of the experiment carried out in multilingual people.

The experiment showed that multilingual participants were less distracted by the other tasks and therefore made fewer driving errors.

6. How can learning a new language help you in improving the use of your mother language?

As you become more aware of the way that a language works, you begin to apply it to the language that you use every day.

7. Quote the sentence which shows that learning a new language makes you better in your own mother language.

The skills you obtain from learning a foreign language, therefore, can make you a better speaker and writer in your own language.

Education in Jordan

أن الحكومة حقيقة يعود وهذا بشكل اساسي مستوى عال من التعليم يملك بلدنا

Our country has a high standard of education. This is mainly due to the fact that the government

هي مسؤولية للثانوية من الروضة جميع المدارس ضرورة التعليم تعتبر

considers education a necessity. All schools, from kindergarten to secondary, are the responsibility

يتبعها اختياري والروضة مرحلة ما قبل المدرسة وزارة التربية و التعليم

of the Ministry of Education (MOE). Pre-school and kindergarten education is optional, followed

إما يدخلون الجامعة الطلاب من أجل التعليم العالي من التعليم الاجباري المجاني عشر سنوات

by ten years of free, compulsory education. For higher education, students enter university, either

أو واحدة من من عشر جامعات حكومية يذهبون لواحدة الطلاب أو التخصصات المهنية الأكاديمية

for academic or vocational courses. Students can attend one of ten public universities, or one of

في هذه يختارون الدراسة الطلاب الاردنيون عدد كبير من 19 جامعه خاصة

nineteen private universities. A large number of Jordanian students choose to study at these

على مقاعد الدراسة هؤلاء من حول العالم الطلاب الاجانب وكذلك المؤسسات

institutions, as well as foreign students from all over the world. These are undergraduates studying

أو دبلوم عالي دكتوراه لدرجة الماجستير أو المتقدمين للدراسات العليا لدرجة البكالوريوس

for a first degree, or postgraduates studying for a Master's degree, a PhD or a higher diploma. The

جامعة اليرموك في عمان الجامعة الاردنية هي بأكثر عدد من الطلاب النظاميين ال 3 جامعات

three universities with the most undergraduates are the University of Jordan in Amman, Yarmouk

جامعات حكومية جميعها في السلط و جامعة البلقاء التطبيقية في اربد

University in Irbid and Al Balqa Applied University in Salt. These are all public universities. An

تأسست في والتي في عمان الجامعة الألمانية الأردنية على الجامعة الجديدة مثال

example of a newer university is the German-Jordanian University in Amman, which was set up in

ووزارة التعليم والبحث الألمانية وزارة التربية والتعليم بين تعاون انها

2005 CE. It is a collaboration between the MOHE and Germany's Federal Ministry of Education

and Research, and it follows Germany's model of education in Applied Sciences. For students who في بعض انه من الممكن ايضا بنفس الوقت بينما يمارسون وظائفهم دراستهم الجامعية بإكمال يرغبون wish to complete their university studies while working at the same time, it is also possible in some هذا الخيار في المستقبل في البرنامج التعليمية على النت أن تسجل الجامعات الأردنية Jordanian universities to enrol onto online distance learning programmes. In the future, this option جامعات أخرى في عدة سيصبح متوفر will become available in many other universities.

Questions:

1. What is the reason behind having a high standard of education in our country?

This is mainly due to the fact that the government considers education a necessity

2. When a student enters a university, he has two choices of courses. What are they?

either for academic or vocational courses

3. How many universities are there in Jordan, public and private?

ten public universities, or one of nineteen private universities.

4. Quote the sentence which shows that Jordanian students and student from other countries attend different kind of universities.

A large number of Jordanian students choose to study at these institutions, as well as foreign students from all over the world

5. What kind of studies do our Jordanian universities offer?

undergraduates studying for a first degree, or postgraduates studying for a Master's degree, a PhD or a higher diploma

6. What are the universities that have the most undergraduates?

the University of Jordan in Amman, Yarmouk University in Irbid and Al Balqa Applied University in Salt

7. What is the choice for students who works and want to continue their study?

to enrol onto online distance learning programmes.

8. Read the following statements. Do they refer to face-to-face learning(A) or distance learning via the Internet(B)?

1. You don't have to attend classes. (B)
2. You can earn money while you are studying. (B)
3. You can do undergraduate as well as postgraduate degrees. (A+B)
4. There are a lot of opportunities for group discussions. (A)
5. There is a lot of support from lecturers and tutors.(A)

Discuss:

1. Which would you prefer to do: a face-to-face course at a college or university, or an online course?
2. Would you prefer to do an academic or a vocational course when you finish school? Why?
3. What other advantages and disadvantages of both face-to-face and distance learning courses can you think of?

الطريقة الطبيعية تعلم الانجليزية بسرعة

Learn English fast – the natural way!

وذلك هو نفسك فيها أن تغمر هي لأن تكسب لغة أفضل طريقة أنه يقال أن

1. It is said that the best way to acquire a language is to immerse yourself in it, and that's what the immersion method is. In our program, we offer at Extreme English: total immersion.

الانغماس الكامل ماذا بالضبط تعني

What exactly do you mean by 'total immersion'?

طوال اليوم وتتكلم الانجليزية ستستمع الشقق الجميلة في احدى ستمكث

2. You will stay in one of our beautiful apartments. You'll hear and speak English all day long. You can either join a small group of other students of a similar level, or request a 'tailor-made' course. For example, you may require a course in academic English to prepare you for undergraduate or postgraduate studies, or a vocational course to help you with your career. Either way, you will live and work together as a family.

ماذا سأفعل

What will I be doing?

من معلمينا اصحاب الخبرة و المدرسين واحد أو أكثر من بعد الإفطار في الصباح

3. In the mornings, after breakfast, one or more of our trained and experienced teachers will arrive, and you will have three hours of intensive tuition. Then, after enjoying lunch together around the table, you'll visit local places of interest, go shopping, take part in sports, etc. In the afternoon, you will visit local places of interest, go shopping, take part in sports, etc. In the evening, you will have a free time to relax and enjoy the night life.

أو الحفل المسرح على سبيل المثال من الأنشطة الثقافية خيار سيكون هنالك في المساء

the evenings, there will be a choice of cultural activities, for example the theatre or a concert,

مهما تفعل لوحده بالانجليزية وتدرش أن تسترخي في البيت أو أنك تفضل

or you may prefer to relax at home and chat (in English, naturally!). Whatever you do, your

وكأصدقاء كموجهين كمرشدين سيكونون معك المعلمون

teachers will be with you, acting as guides, tutors and friends.

الدورات كم مدة

How long are the courses?

بحجم التقدم مندهشين وهم عادة لأسبوع جاءوا بعض الأشخاص

4. Some people just come for a week, and they are usually amazed by how much progress

إنه يعود لك أو حتى 4 اسابيع 3 2 آخرين يأتون في هذه المدة القصيرة الذي يحرزونه

they make in such a short time. Others come for two, three, even four weeks. It's up to you.

تجربة من الدرجة الأولى لإعطائك بأفضل ما عنا أننا سنقوم شيء واحد تستطيع ضمان

You can be sure of one thing – we'll do our very best to give you a first-class experience and

بالانجليزية وتحلم تفكر ونرسلك للمنزل

send you home thinking and dreaming in English!

Questions:

1. The text says that students will be living 'as a family'. Give two examples from the text that illustrate this.

The students eat and socialise together.

2. Which part of the day will be the most formal? What happens then?

The morning, when there are three hours of intensive tuition.

3. What do you think 'a tailor-made course' means, in paragraph 2?

A course designed for specific needs.

4. Students have a lot of options on these courses. However, there are two decisions they have to make before they arrive. What are they?

The duration of the course and the nature of the course (academic or vocational)

5. Imagine you joined a small group of students on a course like this. Think of three positive aspects, and three possible problems you might face.
6. Would you go on a course like this? Why/Why not?
7. So you can hear and speak English all day, you have some choices. Write down two of them.

You can either join a small group of other students of a similar level, or request a 'tailor-made' course

8. What kind of cultural activities do you have in the evening?

there will be a choice of cultural activities, for example the theatre or a concert

9. Quote the sentence which shows that you teachers will stay with you through all your activities.

Whatever you do, your teachers will be with you, acting as guides, tutors and friends.

10. In the program, they can be very sure of several things. Write down two.

we'll do our very best to give you a first-class experience send you home thinking and dreaming in English!

Find the best type of course or institution for the following people:

a PhD at a public or private university online distance learning
a public university Master's degree at a public or private university
pre-school or kindergarten public or private university

1. a child who is too young to start primary school
2. an undergraduate who wants to get a first degree
3. someone who wants a degree from a non-fee-paying university
4. a postgraduate with a first degree, who wants to study further
5. a postgraduate with a Master's degree, who wants to study further
6. someone who is unable to attend university but wants a degree.....

Complete the sentences with words from the box. One word is not needed.

Circulation memory concentration beneficial diet
dehydration nutrition

1. I used to eat too much junk food, but now I have a much healthier.....
2. It's..... to take regular breaks when revising.
3. It's important to drink a lot of water in order to avoid..... .
4. Don't sit still for too long – move around frequently to increase your..... .
5. Zainab listens to music while she's working. It helps her..... .
6. Adnan never forgets anything! He's got an amazing..... .

Collocations

Collocation	Meaning	Arabic
Draw up a timetable	Write schedule	يكتب جدول
Do exercise	Keep fit	يحافظ على اللياقة
Make a start	Begin	يبدأ
Take a break	Relax	يأخذ راحة
Do a subject	Study	يدرس
Make a difference	Change something	يعمل تغيير

1. If you want to lose weight, you shouldevery day.
2. The deadline is tomorrow, and you haven't done anything yet! You really must.....
3. If you send money to charity, you will..... to a lot of lives.
4. You look tired. Why don't you..... ?
5. I need to organise my time better. I think I'll.....

***Study the following sentence then answer the question.**

When you are tired, do a break.

Replace the underlined collocation with the correct one.

.....

***Study the following sentence then answer the question.**

Try to make a difference in your life.

What does the underlined collocation mean?

.....

Complete the sentences with the words from the box.

Academic undergraduate postgraduate vocational

1. After Nasser completes his first degree, he's hoping to do a..... degree.
2. Mariam is an excellent student. She gets top marks in..... subjects like History, Arabic and Maths.
3. My brother has just left school. Now he's a university.....
4. My cousin is an electrician. Instead of going to university, he did a..... course at a local training college.

Quotation:

Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young.

The quotation refers to the fact that the world is moving forward, so people need to keep up with progress. It also refers to the brain being trainable.

Indirect(impersonal) questions

Function: to ask questions in a polite, formal way.

- We can begin impersonal questions with:

Could you tell me.....

Do you know.....

Do you mind telling me / Do you mind (v+ing)

Could you explain.....

I wonder....

Rewrite the following direct questions as indirect questions.

1. What is the time, please?

Could you tell me.....

2. Who is that man?

Do you know

3. Why is the train late?

Do you mind telling me

4. Where is the nearest bank, please?

Could you tell me

5. How did you solve this puzzle?

Could you explain

6. Where does he live?

Do you know

7. Do you have enough money?

Could you tell me.....

8. Does the man work in the workshop?

Could you tell me.....

9. What is he doing?

Do you mind telling me.....

10. Can you bring new tools?

Do you mind.....

11. Can you put the book on the shelf?

Do you mind.....

Rewrite these direct questions as indirect questions.

1. Where should I revise for exams?

Could you tell me.....

2. How much sleep do teenagers of our age need?

Do you know.....

3. Is it possible to improve your memory?

Do you know.....

4. What do you mean by 'mnemonics'?

Do you mind telling me.....

5. What should I do on the day before the exam?

Could you explain.....

Complete the questions with words from the box.

How how much if when where whether who why

1. Do you know we can take water into the exam?
2. Could you tell me..... this book costs, please?
3. Do you know..... I've passed my exam or not?
4. Do you mind telling me..... the library is?
5. Could you explain..... I can solve this Maths problem?
6. Could you possibly tell me the Arabic teacher is?
7. Do you know..... we'll know our results?
8. Do you mind explaining..... the sky sometimes looks red?

Complete the following indirect questions

1. Can you suggest a healthy breakfast?
.....suggesting.....?
- 2 Please help me to plan my revision.
Do you mind..... ?
- 3 How can I relax?
.....you explain..... ?
- 4 Are we allowed to eat sweets during the exam?
.....you know..... ?
- 5 Please tell me where you found that information.
.....mind..... ?
- 6 Does the exam start at ten or half past ten?
.....whether..... ?

Rearrange the words to make indirect questions. The first one is done for you.

1. if / revise / you / explain / I / the / could / best / wonder / to / way / .

I wonder if you could explain the best way to revise.

2. needs / you / much / sleep / how / a / do / know / teenager? /

.....

3. should / much / I / do / could / you / revision / me / tell / how? /

.....

4. mind / you / water / giving / a / glass / do / of / me? /

.....

5. know / in / do / you / the / happen / whether / to / morning / or / the / in / exercise / is / better / evening / ?

.....

Correct:

1. what does the boy eat in the class?

Do you know what the boy.....in the class?

(eat, ate, eats, eating)

2. Do the girls play in the garden?

Could you tell me if the girls.....in the garden?

(play, plays, played, have played)

3. Did the man write the notes alone?

Do you know if the man.....the notes alone?

(writing, write, wrote, writes)

4. What does he have in his pocket?

Do you know what he.....in his pocket?

(has, had, have, having)

5. Where did you father hide the book?

Could you tell me where your father.....the book?

(hide, hid, hidden, has hidden)

اسئلة وزارية

1. How can I get to Queen Alia Airport by public transport?

Could you tell me.....

2. Are students allowed to navigate the internet during the open exam?

Do you know.....

3. Does the bell ring at eight or half past eight?

Do you know.....

4. Why can't we bring onto the plane?

Could you tell me.....

The impersonal passive

Function: a formal way of reporting thoughts, sayings, beliefs and opinions.

- We can use the impersonal passive with (say, think, claim and believe).

it is said that dolphins are highly intelligent.

It is believed that kids are hyperactive.

- The impersonal passive can also be formed with the object + infinitive.

The story is believed to be true.

(They believe that the story is true.)

People know that he is talented.

He is known to be talented.

Rewrite the sentences. Use the impersonal passive in two different ways. The first one is done for you.

1. They say that fish is good for the brain.

It is said that fish is good for the brain.

Fish is said to be good for the brain.

2. People think that we only use a small percentage of our brain power.

It

We

3. They claim that we remember things we hear in our sleep.

It

We

4. People believe that solving puzzles keeps the brain active.

It

Solving puzzles

5. Experts have proved that exercise is good for concentration.

It

Exercise

6. Scientists believe that doing exercises is good for our health.

It

Doing exercises.....

7. Researchers have found that the information on the internet is not always true.

It

The information on the internet.....

8. Students think that studying with a group has a good impact.

It

Studying with a group.....

9. People claim that early exercises are very helpful to get extra energy.

It

Early exercise

10.They say that protein increases the strength of the muscle.

It

Protein

Rewrite:

1. It is said that playing Tennis is good for health.

Some people.....

2. It has been thought that swimming makes you fit.

They.....

3. It was claimed that early studying is very good for the brain.

People.....

4. Fish is said to be very beneficial for our health.

Some people

5. Early exercises have been thought to be very healthy.

They have thought that.....

6. Doing mental exercises was thought to charge our minds.

People thought that.....

7. Having a phone was claimed to organize your life.

They.....

8. Meeting your friends is said to make you happy.

People say that.....

Correct the verb:

1. It has.....that kids are very energetic.

(claimed, been claimed, claim, being claimed)

2. It used to.....that blues causes sadness.

(be thought, think, been thought, has thought)

3. Computers have.....to help us in different duties.

(being said, say, been said, says)

اسئلة وزارية

1. People believe that eating almonds reduces the risk of heart disease.

Eating almonds.....

2. They assumed that the last Olympic Games were a great success.

It.....

3. Doing regular exercise is believed to reduce the risk of several diseases.

People believe that.....

4. My English teacher says that English clubs are essential for learning English well.

English clubs.....