



وزارة التربية والتعليم

مدارس تقارب

الفصل الدراسي الأول  
للعام الدراسي 2022/2021م  
Eleventh grade



\_\_\_\_\_/3

اسم الطالب/ة: .....  
الصف والشعبة: .....  
المادة: .....  
اليوم التاريخ: .....

### Question Number One (14Points)

Read the following text carefully, and answer all the questions that follow. Your answer should be based on the text . (12 points)

Sleep is an essential part of life. Although we think of sleep as a time when we rest completely, it's actually a very busy period for the brain. Scientists claim that sleep is the time when information is sorted and stored by the brain. Sleep is important for reducing stress and keeping the heart, the immune system and the memory healthy. Scientists have already identified five sleep stages by studying brainwaves. Stage 1 is when we begin to fall asleep. The brain tells the muscles to relax and the heart to beat slowly. This stage makes up about 5% of a young adult's sleeping time. Stage 2 is a period of deeper sleep. The heartbeat and breathing become slower. This stage makes up about 44% to 55% of a young adult's sleeping time. Stages 3 and 4 are when we sleep most soundly. Now the brainwaves and heartbeat are at their slowest and our muscles become very relaxed. We might have some dreams in this stage, **which** makes up about 15% to 23% of a young adult's sleeping time. Stage 5 is called the REM (Rapid Eye Movement) stage. Although our body is resting, our eyes are moving very quickly beneath our eyelids during this stage. Our heartbeat and breathing become faster, and this is when dreams are most frequent. This stage makes up about 20% to 25% of a young adult's sleeping time.

1. What happens in our brains when we sleep?(2 points)

.....

2. In the text, the writer mentions some benefits of sleep, write down two of them. (2 points)

.....

3. According to the five stages of sleep, which one of these stages lasts for the longest time? Justify your answer (2 points)

.....

4. Quote the sentence which shows that stage 5 represents mostly a quarter of adult's sleeping time. (2 points)

- .....
5. What does the underlined word "which" refer to? \_\_\_\_\_ (2 points)
  6. Find out a word that means "deeply and peacefully" \_\_\_\_\_(1points)
  7. Which word doesn't refer to parts of the body? (1 point)
    - a. Eyelids
    - b. muscle
    - c. brainwaves

**B. Critical Thinking (2points)**

**How many hours a day do you sleep? Do you think it is healthy for you to sleep over this period? Why / Why not?**

**Question Number Two (6 Points)**

- A. Choose the suitable item from those given in the box to complete each of the following sentences. There are more words than you need. (6 points)**

insomnia / terrified / confident/ snore / muscles / grateful/disorder

1. By the time she reached the top of the hill, the \_\_\_\_\_ in her legs were aching
2. An example of \_\_\_\_\_ is how you feel when you are thirsty and someone brings you an icy glass of water.
3. He suffered from \_\_\_\_\_ and was taking sleeping pills each night.
4. He clearly has some kind of personality \_\_\_\_\_ .
5. She was in a relaxed, \_\_\_\_\_ mood.
6. People may \_\_\_\_\_ because they can't breathe well through their nasal cavities

**Question Number Three (11 Points)**

- A. Change the sentences to passive voice. ( 3 points)**

1. The robber hit him on the head with a hammer.
2. The government has built a new road in this area.
3. They were rebuilding the old road when I drove by

- B. Combine the TWO sentences to ONE, using a relative pronoun.**

**(who/whose/whom/which/where). (3 points)**

1. The couple lives next to us. Their daughter has two charming boys.
2. The boy took the photograph. He gave it to his mother.

3. The boy smiled. Elena gave him some money.

C. Choose the suitable item from those given below to complete each of the following sentences. (3 points)

1. The Jordan Valley can..... sufficient food for Jordan.  
(production, produce, productive)
2. By some ..... s, the population in Jordan will reach 12 million soon.  
(calculate, calculation, calculated)
3. Farmers use ..... Fertilizers so they can harvest their crops earlier.  
(artifice, artificial, artificially)

D. What is the function of using the underlined phrases? (2points)

- a. Allen, who scored three goals in the first game, was the only player to perform well.
- b. A new shopping centre was opened by the local council.

**Question Number Four (4 Points)**

**A.EDITING (2 points)**

Imagine you are an editor in the Jordan Times. You are asked to edit the following lines that have four mistakes. There are One grammatical mistake, One punctuation mistake and Tow spelling mistake. Find and correct them:

1. .... 2. .... 3. .... 4. ....

I first went to the Lung and Sleep Centre in Amman when my friend Kareem told me about it? I was suffering from a lack of sleep. I later found out that what I had was call sleep apna.

**B.GUIDED WRITING :** Read the information in the table below; write two sentences about why people leave abroad. Use the appropriate linking words such as: and, also, moreover, . Etc. (2 points)

Why do people leave abroad
- complete education. - find a better life. - get jobs. - see places.