

Suggested Writing topics: مواضيع تعبير مقترحة:

✓ مواضيع تعبير بحسب أنماط الكتابة المطلوبة للمنهاج (Jordan High Note)

❖ الفصل الأول: (الوحدات من 1-4)

1) Social media : وسائل التواصل الاجتماعي

Social media has become a major part of our modern lifestyle. Every day, millions of people use platforms such as Facebook, Instagram, and TikTok to stay connected. This digital communication allows people to share photos, videos, and opinions in real time. Moreover, students can use social media to join study groups, attend online classes, and follow educational pages.

However, social media also has negative effects. Many teenagers and adults spend too much time online, which can lead to addiction and poor time management. Some users face cyberbullying, stress, or low self-esteem because of online comments or comparing themselves to others. Fake news and misinformation also spread quickly through social media, which may confuse people or cause panic.

In conclusion, social media is a powerful tool that can bring people closer and offer many benefits. But it must be used in a responsible way. We should limit screen time, avoid harmful content, and focus on the positive uses of social media. When used wisely, it can help us grow, learn, and stay connected with the world.

2) Is social media not suitable for older people?

هل وسائل التواصل الاجتماعي مناسبة للكبار؟

Some people believe that social media is mainly for young people and not suitable for the older generation. They argue that older adults find it hard to use modern technology and do not understand the fast changes in online platforms. As a result, they may feel left out of the digital world.

However, this is not always true. Many older people now use smartphones and enjoy social media. They use it to connect with their children, grandchildren, and friends who live far away. Social media allows them to see photos, join family events online, and stay updated on news. Some older users also take online courses or follow health pages that improve their daily life. With proper training and support, they can learn how to use these platforms safely and effectively.

In conclusion, social media is not only for the young. Older people can also benefit from it in many ways. Age should not stop anyone from learning and exploring new things. With a little help and patience, social media can bring joy, connection, and learning to older adults too.

3) Write a formal email to a coffee shop chain in your country. Describe the problem of disposable cups and urge the chain to take action.

طلب عاجل لمعالجة مشكلة الأكواب ذات الاستخدام الواحد لاتخاذ اجراء

To: Coffee Shop Manager

Subject: Reducing Disposable Cups

Dear Sir/Madam,

I am writing to express my concern about the large number of disposable cups used daily in your coffee shops. These cups are often made of paper and plastic, which harm the environment when thrown away. Many of them end up in landfills or the ocean, causing pollution and danger to animals.

I would like to suggest a solution. You could offer discounts to customers who bring their own reusable cups. This would encourage more people to avoid single-use cups and reduce waste. Some international coffee chains already follow this system and have seen great results. Another idea is to sell reusable cups at your shop with your brand logo.

Thank you for your time and attention to this issue. I hope you will consider taking action to protect our environment. Small steps like this can lead to a cleaner and greener future for all of us.

Sincerely,

[اسمك كما هو موجود بالسؤال]

4) A formal email (To: City Council) (إيميل رسمي لمجلس البلدية / مشكلة بيئية)

Subject: Air pollution (تلوث الهواء)

To: City Council

Subject: Air Pollution in Our City

Dear Sir/Madam,

I am writing to bring your attention to the serious problem of air pollution in our city. The air has become very polluted due to heavy traffic, old vehicles, and smoke from factories. This situation is affecting the health of many people, especially children and the elderly.

I kindly suggest taking some steps to improve the air quality. First, the city can plant more trees in streets and parks. Trees help clean the air and make the city look better. Second, we need more electric buses and clean public transportation. Third, factories must be checked regularly to make sure they follow environmental laws.

Air pollution is a danger to all of us. I hope the council will take quick action to solve this problem. Clean air is a basic need for a healthy life, and we must protect it.

Sincerely,

[اسمك كما هو موجود بالسؤال]

5) Some people say that parents put too much pressure on their children to succeed. Do you agree? (an opinion essay)

بعض الناس يقولون إن الآباء يضعون ضغطًا كبيرًا على أبنائهم من أجل النجاح. هل توافق؟ (مقال رأي)

Parents always want the best for their children, and they hope their kids will succeed in life. To help them reach their goals, some parents put pressure on their children to study hard, get high grades, and join many activities. While their intentions may be good, too much pressure can cause stress and unhappiness.

Children who are pushed too hard may feel they are not good enough. They study only to make their parents happy, not because they enjoy learning. This pressure can affect their mental health and reduce their confidence. Some may even fear failure so much that they avoid trying new things. Instead of growing, they may feel stuck or afraid.

In my opinion, parents should guide and support their children, not push them too much. Encouragement and love help children become successful in a healthy way. A child who feels supported is more likely to do well and enjoy learning at the same time.

6) People in your family are more influential in your life than your friends, or any other influence. Do you agree?

أفراد عائلتك لهم تأثير أكبر في حياتك من أصدقائك أو أي تأثير آخر. هل توافق؟

Family and friends are two of the most important influences in our lives. Both help shape our personality, choices, and values. From childhood, family teaches us how to behave, solve problems, and make decisions. They provide love, care, and protection, especially during difficult times.

On the other hand, friends also have a strong influence. They share fun moments, give advice, and support us in school and personal matters. Friends can influence our hobbies, interests, and even our way of thinking. Teenagers, especially, often follow the behavior of their close friends.

In my opinion, family has a stronger and longer-lasting influence. While friends may change over time, family stays with us and continues to guide us through every stage of life. Their love and support shape our character more deeply than anyone else.

7) 'We learn more from our school environment than we do from our friends.

نتعلم من بيئة المدرسة أكثر مما نتعلم من أصدقائنا

Some people say that we learn more at school than from friends. Others believe that friends teach us important life lessons. Both play an important role in our personal growth and development.

At school, we learn academic subjects like science, math, and English. We also learn discipline, teamwork, and problem-solving skills. Teachers guide us and help us prepare for future jobs. Friends, on the other hand, teach us how to communicate, share, and understand others' feelings.

I believe we learn more from school because it builds our future. However, friends also teach us social skills that are important in life. A balance between both is the key to becoming a successful and happy person.

8) IA/Advantages and disadvantages (إيجابيات وسلبيات) الذكاء الاصطناعي

Artificial Intelligence (AI) is becoming more common in our lives. It is used in areas like medicine, education, and transportation. AI can make machines work faster and smarter than humans in many tasks.

One advantage of AI is that it saves time and effort. For example, smart robots can help doctors during surgery or help students learn faster using AI-based apps. However, AI also has disadvantages. It can take people's jobs and make them depend too much on machines. Some people worry that AI could become too powerful or be used in dangerous ways.

In conclusion, AI has many good sides, but it also has risks. We must use it carefully and make sure it helps humans, not replaces them. Education and awareness are important to use AI in a safe and useful way.

❖ الفصل الثاني: (الوحدات من 6-9)

9) Things you are and aren't allowed to do. أشياء مسموح وغير مسموح لك فعلها.

In every home, school, or society, there are rules that tell us what we can and cannot do. These rules are made to keep us safe and help us live peacefully with others.

At school, students are allowed to use the library, join clubs, and ask questions in class. But they are not allowed to cheat, fight, or use phones during lessons. At home, I am allowed to watch TV and go out with friends, but I must finish my homework first. I am not allowed to stay out late or skip my chores.

Rules teach us responsibility and discipline. They help us grow into respectful and well-behaved adults. Even though some rules may seem strict, they are usually there to help us become better people.

10) living in a small space (Advantages and disadvantages) العيش في مساحة صغيرة

Many people today live in small homes or apartments, especially in cities. This lifestyle has both advantages and disadvantages depending on the person's needs and lifestyle.

One of the main advantages is that small spaces are easier to clean and maintain. They also cost less to rent or buy. People who live alone or travel a lot may find small homes perfect. However, small spaces can also be uncomfortable. There is often not enough room for furniture, storage, or guests. It may feel crowded and stressful, especially for large families.

In conclusion, living in a small space can be a good choice for some people. It depends on how well you organize the space and what your lifestyle is. If managed properly, even a small space can feel like home.

11) sharing space with others مشاركة المساحة مع الآخرين

Sharing space with others is a common experience in life. We often share rooms, houses, or offices with family members, classmates, or co-workers. This can be a positive or difficult experience depending on how people treat each other.

When we share space, we learn many skills. We learn how to communicate, respect others' privacy, and solve problems. It can be fun to share with friends or family if everyone is responsible and tidy. However, it can be hard if people are noisy, messy, or unfriendly. Disagreements may happen if people do not follow shared rules.

To live well with others, it is important to talk openly and agree on rules for cleaning, noise, and privacy. In my opinion, sharing can be a great way to grow and build relationships, but only if there is mutual respect and understanding.

12) your ideal house(كما تتخيل) منزلك المثالي

Everyone has a dream house in mind. For me, an ideal house is not only big or beautiful, but also peaceful and comfortable. It should be a place where I can relax, feel safe, and enjoy my time.

I imagine my ideal house in the countryside with a garden full of flowers and trees. It would have three bedrooms, a big kitchen, a cozy living room, and a quiet study room. I would like large windows to let in sunlight and a library where I can read books. The house should be modern, but also warm and friendly.

In conclusion, a perfect house is not just about design or location. It is a place filled with love, safety, and happy memories. That's what makes a house truly special.

13) your favorite application:تطبيقك المفضل

There are many mobile applications we use every day, but my favorite app is YouTube. It is popular all over the world and has something for everyone. I use it daily to learn, relax, and enjoy my free time.

YouTube has thousands of videos about different topics like science, language, cooking, and music. I use it to watch English lessons, school tutorials, and fun travel videos. It is also useful when I want to listen to music or watch interviews. Another good thing about YouTube is that it is free and easy to use. In my opinion, YouTube is both fun and educational. It helps me learn new things and enjoy my time without wasting it. That's why it is my favorite app.

14)An environmental issue:مشكلة بيئية

One of the most serious environmental problems today is plastic pollution. Plastic is used everywhere, from bottles to bags, and most of it is thrown away after one use. This causes great harm to the environment and animals.

Many animals in the ocean die because they eat plastic or get stuck in it. Plastic takes hundreds of years to break down, so it stays in nature for a long time. People also burn plastic waste, which creates air pollution. We can help solve this problem by using reusable bags, recycling, and avoiding products with too much plastic.

In conclusion, plastic pollution is a danger to our planet. We all have a role in reducing it by making small changes in our daily life. Protecting the Earth is our shared responsibility.

15)the internet of things:إنترنت الأشياء

The Internet of Things, or IoT, is a system where smart devices are connected to the internet. These devices can send and receive information without human help. IoT is now used in homes, schools, and workplaces.

For example, a smart fridge can tell you when food is going to expire, and a smart light can turn on when you enter a room. IoT makes life easier and saves time. However, there are also risks. These devices can be hacked, and personal information can be stolen. Also, people may become too dependent on technology.

In conclusion, IoT is very useful and makes life more comfortable. But we must use it safely and protect our privacy. Like all technology, it should serve people, not control them.

16)How could technology help people with disabilities?

كيف يمكن للتكنولوجيا أن تساعد الأشخاص ذوي الإعاقة؟

Technology has made life easier for everyone, especially for people with disabilities. Today, there are many tools that help them move, speak, and live more independently.

For example, people who cannot walk can use electric wheelchairs with smart controls. Those who cannot see use apps that read text aloud. People who are deaf can use subtitles or sign language apps to communicate. These tools give people more freedom and help them feel more confident in society. In my opinion, technology gives hope and power to people with disabilities. We should support these inventions and make them more available for everyone who needs them.

17)companies track internet users personal data(advantages and disadvantages)

تتبع الشركات لبيانات المستخدمين الشخصية على الإنترنت (الإيجابيات والسلبيات)

In today's world, many websites and companies collect personal data from users. They track what we search, watch, or buy online to show us ads or improve services. While this may seem helpful, it raises serious concerns.

Some people feel their privacy is not respected. Their personal details can be shared or sold without permission. This may lead to identity theft or unwanted ads. Companies should always ask for permission before collecting data and must protect it from hackers.

In conclusion, tracking personal data has some benefits, but it must be done carefully. Everyone has a right to privacy. Companies should be honest and responsible when handling people's information.

18)spending time creating online profile (arguments for and against)

قضاء الوقت في إنشاء ملف شخصي عبر الإنترنت (حجج مع وضد)

Creating online profiles is now common. People use them on social media, job websites, and online learning platforms. These profiles can show others who you are and what your interests or skills are. One advantage is that online profiles help people connect and share ideas. They are also useful for finding jobs or joining online communities. However, there are also dangers. Some people create fake profiles to trick others. Sharing too much personal information can lead to problems like cyberbullying or fraud.

To sum up, online profiles can be useful, but we must be careful. We should protect our privacy and think before we post anything. Online safety is very important in today's world.

19)Virtual reality :الواقع الافتراضي

Virtual Reality, or VR, is a modern technology that allows people to experience a computer-generated world. By wearing special headsets, users can play games, take virtual trips, or practice real-life skills in a safe way.

VR is used in many areas. In education, students can explore history or science through virtual tours. In medicine, doctors train with virtual tools. VR also helps people with disabilities enjoy new experiences. However, using VR too much can harm the eyes or make people less social. It can also be expensive.

In conclusion, VR is an exciting and useful tool, but like all technology, it should be used in balance. It opens new doors, but we must stay connected to the real world too.

20) The Ideal Job : الوظيفة المثالية

Everyone dreams of having the perfect job. A good job gives us money, but the ideal job gives us more than just a salary. It should make us feel happy, motivated, and proud of what we do.

For me, the ideal job is one where I can help people and make a difference in their lives. I would like to be a teacher. A teacher shares knowledge and helps students become better people. In this job, I can use my skills to support others and always learn new things.

Also, a good work environment is important. The ideal job should be in a place where people respect each other and work as a team. It should give me time to rest and enjoy my life outside of work. I also want a job that gives chances to grow and improve myself.

In the end, the ideal job is not only about money. It is about passion, purpose, and personal growth. I hope one day I will find a job that I love and that helps me become the best version of myself.